

# NEWSLETTER



**SEPTEMBER**  
**2020**

THE  
**IMPORTANCE**

OF INCLUSION

BY WAKO IF PRESIDENT - MR ROY BAKER

I grew up in Dublin's Ballyfermot in the 60s and 70s, where 99.9% of the people were Irish and there was no real diversity or awareness of international culture. Martial Arts and sport introduced me to a wider variety of cultures and languages - far beyond my childhood experiences in Ballyfermot. Working with colleagues and friends from around the world has eroded my subconscious prejudices created from the culture and media of 50 years ago. My experience in sport has brought changes to the way I see the world and the way I approach life and the people I interact with. It's given me an appreciation of other cultures and societies which has added an enormous richness to my life and those close to my family and me.

My experience showed me that in diversity there is beauty and there is strength. We need to help and encourage people to cherish and celebrate the ethnic and cultural diversity that nourishes and strengthens our communities. We should all experience and learn about diversity at an early age, to broaden experiences and understanding of other cultures, this will give a natural appetite for diversity and inclusion and the benefits it brings.

I believe we can all try to be more understanding of each other and have mutual acceptance of differences. We need to give each other the space to grow, to be ourselves, to exercise our diversity. We need to give each other space so that we may all give and receive such things as ideas, openness, dignity, joy, healing, and inclusion. In doing this our lives will be richer, more colourful and we in turn will have a more diverse life.

The importance of being inclusive reminds me of a great quote from Franklin D. Roosevelt - "If civilization is to survive, we must cultivate the science of human relationships – the ability of all people, of all kinds, to live together, in the same world at peace." I believe diversity should be celebrated, it is the one true thing we all have in common. No one's lived experience is the same, but that difference is something we all share.



WAKO.SPORT WAKO.SPORT WAKO.SPORT

# WAKO CALENDAR 2020 - CORRECTIONS

     				
WAKO Class	Date From	Date to	Name	
<b>September 2020</b>				
Postponed	TBC	TBC	African Championship 2020 (K-1, LK, FC and Tatami Sports)	South Africa
Cancelled	5	5	Balkan Open 2020	Bosnia and Herzegovina
Postponed	4	6	AmeriKick Internationals	USA
Cancelled	11	12	Scandinavian Open 2020	Norway
Cancelled	12	13	Flanders International Kickboxing Cup 2020	Belgium
Cancelled	14	19	Russian Open 2020 (World Cup) (Official WAKO Referee Worlds/Europeans)	Russia
<b>WAKO IF</b>	25	27	1st WAKO National Federation Development Workshop 2020	Turkey
<b>October 2020</b>				
Postponed	TBC	TBC	Asian Championships 2020	South Korea
Cancelled	30	31	Czech-Open for Tatami Sports	Czech Rep.
<b>November 2020</b>				
C	4	8	2nd International Jordan Open Kickboxing Tournament (K-1, FC, PF, LC) and Referee Seminar	Jordan
C	6	7	37th SLOVENIA OPEN	Slovenia
B	11	14	WAKO K1 World Grand Prix	Czech Republic
Postponed	TBC	TBC	11 <sup>th</sup> Pan American Championship	Brazil
Cancelled	13	22	WAKO Cadets & Juniors World Championships (All disciplines)	Serbia
Cancelled	19	22	Spain International Open	Spain
B	2	4	Serbian Open (WAKO European Cup)	Serbia
<b>December 2020</b>				
Postponed	5	5	World Games - test event (USA Vs World)	USA
Cancelled	5	6	Heroes of Hamburg	Germany
Cancelled	5	13	WAKO Senior&Master European Championships (All disciplines)	Turkey
<b>WAKO ASIA</b>	8	13	Bangabandhu Asian Kickboxing Confederation Cup 2020	Bangladesh
C	12	13	WAKO European Clubs K-1 Cup	Estonia

## Provisionally CONFIRMED TOURNAMENTS 2021

22 <sup>nd</sup> - 24 <sup>th</sup> January 2021:	<b>GOLDEN GLOVE (WAKO European Cup)</b> , Mareno di Piave, Italy
3 <sup>rd</sup> - 7 <sup>th</sup> February 2021:	<b>2<sup>nd</sup> INDIAN OPEN INTERNATIONAL CUP</b> , New Delhi, India
5 <sup>th</sup> – 7 <sup>th</sup> February 2021:	<b>ATHENS CHALLENGE</b> , Athens, Greece
12 <sup>th</sup> - 14 <sup>th</sup> February 2021:	<b>KARLOVAC OPEN 2021 (WAKO European Cup)</b> , Karlovac, Croatia
19 <sup>th</sup> – 21 <sup>st</sup> February 2021:	<b>SLOVAK OPEN 2021</b> , Bratislava, Slovakia
4 <sup>th</sup> - 7 <sup>th</sup> March 2021:	<b>IRISH OPEN (WAKO World Cup)</b> , Dublin, Ireland
19 <sup>th</sup> - 21 <sup>st</sup> March 2021:	<b>SERBIAN OPEN 2021 (WAKO European Cup)</b> , Belgrade Serbia
27 <sup>th</sup> - 28 <sup>th</sup> March 2021:	<b>YOKOSO DUTCH OPEN</b> , Amsterdam, The Netherlands
8 <sup>th</sup> - 11 <sup>th</sup> April 2021:	<b>6<sup>th</sup> TURKISH OPEN (WAKO European Cup)</b> , Antalya, Turkey
15 <sup>th</sup> - 18 <sup>th</sup> April 2021:	<b>THE AUSTRIAN CLASSICS (WAKO World Cup)</b> , Innsbruck, Austria
24 <sup>th</sup> - 25 <sup>th</sup> April 2021:	<b>POINT FIGHTING CUP</b> , Castellanza, Italy
20 <sup>th</sup> - 22 <sup>nd</sup> May 2021:	<b>AMERIKICK INTRERNATIONALS</b> , Atlantic City, USA
21 <sup>st</sup> -30 <sup>th</sup> May 2021	<b>6<sup>th</sup> ASIAN INDOR AND MARTIAL ARTS GAMES (AIMAG)</b> , Bangkok /Pattaya, Thailand
13 <sup>th</sup> - 16 <sup>th</sup> May 2021:	<b>HUNGARIAN WORLD CUP (WAKO World Cup)</b> , Budapest, Hungary
10 <sup>th</sup> - 13 <sup>th</sup> June 2021:	<b>BESTFIGHTER (WAKO World Cup)</b> , Rimini, Italy
14 <sup>th</sup> - 27 <sup>th</sup> July 2021:	<b>EUROPEAN UNIVERSITY GAMES</b> , Belgrade, Serbia
13 <sup>th</sup> - 22 <sup>nd</sup> August 2021:	<b>WAKO CADETS &amp; JUNIORS EUROPEAN CHAMPIONSHIPS</b> , Gyore, Hun
10 <sup>th</sup> - 19 <sup>th</sup> September 2021:	<b>5<sup>th</sup> ISLAMIC SOLIDARITY GAMES</b> , Konya, Turkey
26 <sup>th</sup> – 27 <sup>th</sup> September 2021:	<b>FLANDERS INTERNATIONAL KICKBOXING CUP</b> , Beveren, Belgium
5 <sup>th</sup> – 14 <sup>th</sup> November 2021:	<b>WAKO SENIOR &amp; MASTER WORLD CHAMPIONSHIPS</b> , Moscow, Russia

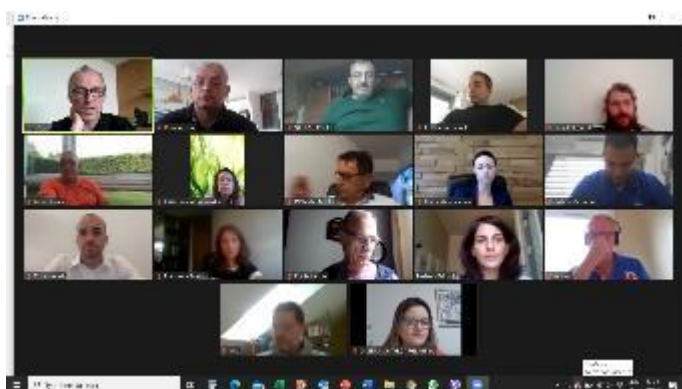
## THE WORLD GAMES - 2022.

7 <sup>th</sup> - 17 <sup>th</sup> July 2022:	<b>WORLD GAMES</b> , Birmingham (Alabama), USA
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All information about THE WORLD GAMES 2022 - [www.twg2022.com](http://www.twg2022.com)

## FUTURE ACTIVITIES

<b>2022</b>	Cadets & Juniors WC (All disciplines) in <b>Belgrade; Serbia</b>
<b>2022</b>	Senior EC (All disciplines) in <b>Antalya, Turkey;</b>
<b>2023</b>	Cadets & Juniors EC (All Disciplines) in Turkey;
<b>2023</b>	Senior WC (All Disciplines) in Ireland
<b>2024</b>	<b>Cadets &amp; Juniors WC (All disciplines) in Hungary</b>
<b>2024</b>	<b>Senior EC (All disciplines) in Athens, Greece</b>



### WAKO Board Meeting - online Sunday, September 20th, 2020 16:00 pm – 20:00 pm

#### Important decisions:

- Due to the unfavourable development of the situation with the Covid-19 pandemic throughout Europe, the European Senior Championship, which was supposed to be held in Antalya, Turkey, from 5 to 13 December 2020, was cancelled.
- The World Championship for children, cadets and juniors, which was scheduled for 2020 in Belgrade, Serbia, and the European Championship for seniors, which was scheduled for 2020 in Antalya, Turkey, are switching to 2022. Dates will be determined later.
- The World Championships for children, cadets and juniors scheduled for 2022 in Hungary and the European Championships for seniors scheduled for 2022 in Athens, Greece, are switching to 2024. Dates will be determined later.
- In order to protect our sport and its ongoing development within the Olympic family, and as a step to strengthen National federation's and our development of the sport of Kickboxing, we have taken some practical decisions.

#### Special obligations regarding WAKO Members:

- A NF which is a Member of WAKO shall not be affiliated with and/or member of any other organization or association which is not recognized by WAKO.
- Membership shall not be granted to any NF which purports to represent both Kickboxing and any other sport not recognized by GAISF.
- Any NF that is a Member of WAKO shall not promote any amateur event that is not recognized by WAKO and/or any joint events (by also availing of the WAKO logo) with any other sport not recognized by GAISF.
- In case of breach of the provisions of this Section, the Board of Directors shall take the appropriate measures in accordance with the provisions under article 15 (Suspension) and 16 (Expulsion) of the WAKO Statutes.

**See the WAKO President's letter below**



## WORLD ASSOCIATION OF KICKBOXING ORGANIZATIONS

### TO ALL WAKO MEMBERS

### FORMAL NOTICE

### BY E-MAIL

Monza, September 22<sup>nd</sup>, 2020

#### Re: Important statement of WAKO decision – about non-GAISEF recognized sports

By the present to inform all our national federations members of WAKO of a recent WAKO Board's decision and as point of clarification.

In order to protect our sport and its ongoing development within the Olympic family, and as a step to strengthen yours and our development of the sport of Kickboxing, we have taken some practical decisions. These decisions are to protect WAKO, protect our reputation, protect our brand but more importantly to protect national development and your national federation. Except for governing bodies recognized by GAISEF and IOC, the international market in martial arts is very fragmented with many different martial art sports and most of these hybrids are in conflict with already existing recognized federations. This may be Karate, Kung Fu and others. WAKO does respect and cherish the cooperation with the international federations members of GAISEF and IOC (like IFMA, WT, WKF, FIAS etc), but we cannot relate to, more or less, 50-60 other sports out in the market, where MMA is one of these sports. We have already observed confusing and disruptive information where WAKO, as recognized international federation, is deliberately used in order to market importance of several other non-recognized federations.

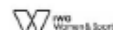
Here below you can find the Board's unanimous decisions now inserted and implemented in our By-laws under Section 1.05ter that your national federation shall follow:

#### Special obligations regarding WAKO Members:

- A NF which is a Member of WAKO shall not be affiliated with and/or member of any other organization or association which is not recognized by WAKO.
- Membership shall not be granted to any NF which purports to represent both Kickboxing and any other sport not recognized by GAISEF.
- Any NF that is a Member of WAKO shall not promote any amateur event that is not recognized by WAKO and/or any joint events (by also availing of the WAKO logo) with any other sport not recognized by GAISEF.

WAKO HQ: Via Alessandro Manzoni, 18 - 20900 Monza (MB) Italy

E-mail: [administration@wako.sport](mailto:administration@wako.sport) - Tel. +39 3450135521 - Fax +39 039 2328901 - Web: <http://www.wako.sport>





## WORLD ASSOCIATION OF KICKBOXING ORGANIZATIONS

- In case of breach of the provisions of this Section, the Board of Directors shall take the appropriate measures in accordance with the provisions under article 15 (Suspension) and 16 (Expulsion) of the WAKO Statutes.

### Practical about GAMMA

The WAKO Board is compelled to clarify a point. It has come to our attention that this newly established MMA federation (together with One Championship) has announced and published an article containing the following message of their international status “..... *filed application for observer status with GAISF, taking first step towards IOC approval*”. Later in that same article it is announced that “*the application is a major leap in the GAMMA’s quest for approval from the GAISF and ultimately from the International Olympic Committee (IOC) to recognize Mixed Martial Arts as an Olympic sport*”.

As a member of GAISF and as provisionally recognized by the IOC, we can confirm that no formal complete application for observer status has been delivered to the IOC, nor discussed inside GAISF. The attempt of an application is simply incomplete and therefore not processed. Therefore, the statements are untrue and a major misguiding to the market and simply gives an anticipation in their recruitment process to get more members. Sorry to say, many of those newly recruited federations are WAKO’s national federations and GAMMA’s processes are simply trying to create a “fast track” for GAMMA to get recognized nationally and in the opinion of the board, distracting our members from the sport we develop and govern worldwide, this will, in the opinion of the WAKO Board, materially affect our growth and development and focus.

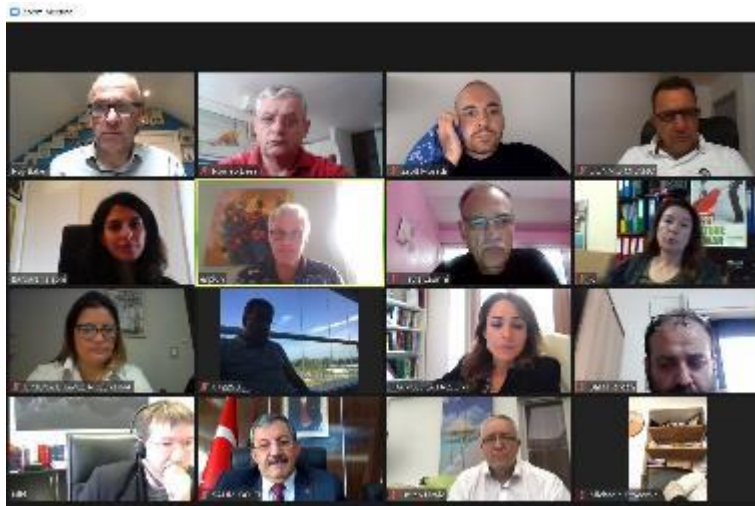
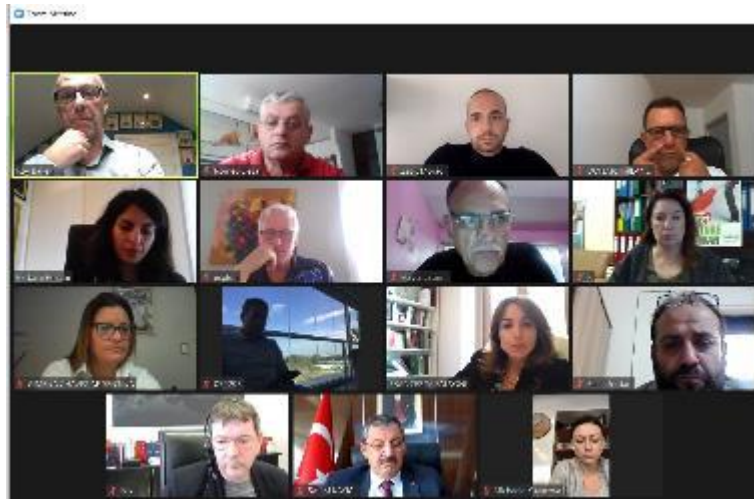
There is also another international federation called IMMAF (together with WMMAF), that to our knowledge, has made an application, but said application was rejected.

We hope the above message regarding national federations obligations and factual information about GAMMA is clear. This is a formal notice, Federations are given 12 weeks (3 months) to comply with the new By-laws (see [last updated version](#) on WAKO’s website).

WAKO Administration  
[www.wako.sport](http://www.wako.sport)

WAKO HQ: Via Alessandro Manzoni, 18 - 20900 Monza (MB) Italy  
E-mail: [administration@wako.sport](mailto:administration@wako.sport) - Tel. +39 3450135521 - Fax +39 039 2328901 - Web: <http://www.wako.sport>





### WAKO Board Meeting - online Sunday, September 30<sup>th</sup>, 2020 16:00 pm – 20:00 pm

#### Important decisions:

- **Rules project:**  
**Anti-doping rules** are accepted. These rules are also harmonized by WADA  
**Medical Rules** Working group - R. Baker, Dr. M. Bianco, N. Gstattner, F. Falsoni, R. Desa, to hold final consultations on October 5<sup>th</sup>
- **Suspension of “Ghost Federations” and non-compliant members** - An analysis was made of National Federations that have not paid membership fees or participated in competitions for several years. Those federations were suspended as members, pending GA ratification.
- **IWGA Qualifications** - It was decided by a majority of votes that the qualifications for the World Games 2022 in Birmingham (USA) will be held at the next WAKO World Kickboxing Championship for seniors in Moscow, 5 to 14 November 2020, and respecting the continental quota Being the Top - 4 athletes from Europe, 1 athlete from Asia, 1 athlete from Africa, 1 athlete from Pan America and the remaining one place will be split between Asia Pan America and Oceania as agreed.
- **Next Board Meeting** - to be decided in the next 10 days.
- **Next WAKO General Assembly** - the assembly will be held virtually on November 29<sup>th</sup>, 2020.



# 1<sup>st</sup> WAKO National Federation Development Workshop

	<b>Countries registered by virtual participation</b> 38 Countries Austria Panama Argentina Hungary Italy India Turkey Swiss Bulgaria Spain Norway Puerto Rico Australia Slovakia Serbia Latvia Portugal Ireland Cyprus South Africa Venezuela Philippines Tajikistan Morocco Denmark Singapore Indonesia Dominic republic Poland Chile Germany Trinidad and Tobago Great Britain Mexico Guatemala Jordan Colombia Iraq
<b>Countries registered in Istanbul</b> 18 Countries Pakistan Russia Swiss Ukraine Macedonia Ireland Romania Montenegro Palestine Iran Korea Azerbaijan Portugal USA Netherlands Angola Croatia Turkey	
<b>Total numbers</b> 54 countries 5 continents	
<b>Guests</b> Raffaele Chiulli, GAISF Philippe Gueisbuhler, GAISF Leonardo Cunha, Consultant - Kapp Verde NOC Roland Breiteneder, SportData George Andrushkevich, Rsportz	

**1<sup>st</sup> WAKO National Federation Development Workshop was held in Istanbul, Turkey, from 25 to 27 September.**

WAKO have successfully concluded the 1<sup>st</sup> Development seminar. Even though the anticipation in June was that most countries could attend, the Covid situation created an opportunity for us to make this seminar virtual and this led to worldwide participation more than anticipated. A great learning experience for all of us giving opportunity for all our Members to meet and engage.

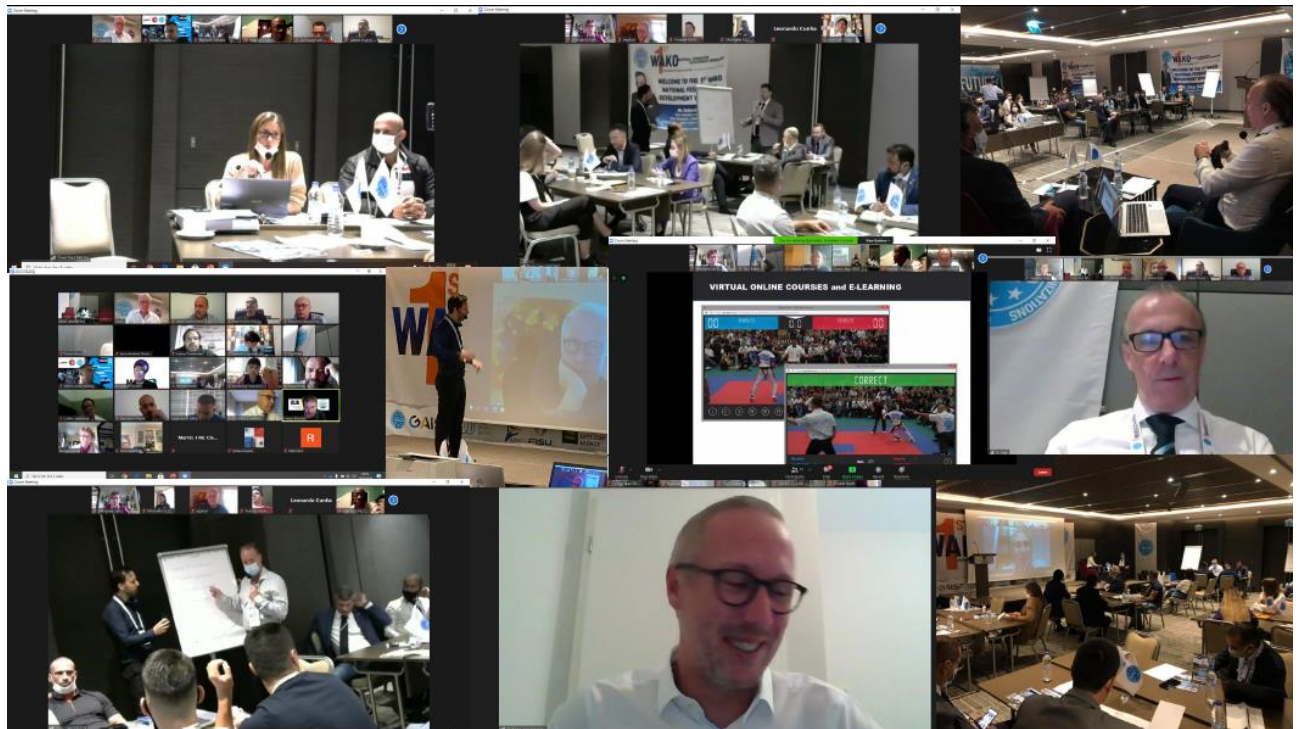
It was also an honour for WAKO that GAISF President Mr. **Raffaele Chiulli** opened the session and with GAISF director **Philippe Gueisbuhler** to continue with a presentation off good governance. We had a diverse programme and we experienced participation and enthusiasm in a true WAKO spirit. Workshops, breakout sessions physically as well as virtually was inspiring to witness.

Thank you to all presenters for making this happen and thank you to our host, Mr. **Salim Kayici** for the fantastic hospitality in great the create city of Istanbul.

Sharing life lessons and knowledge will not only help shape our sport but our level of success and development will be enhanced and improved, when we learn from each other and collectively develop our sport nationally and internationally as part of the WAKO family.

**Roy Baker**







The seminar published on GAISF website



[Link to the GAISF website](#)





## President's activities



Maribor, Slovenia  
September 20<sup>th</sup>

WAKO President Mr. **Roy Baker**, supported by **Tomaž Barada**, Slovenian NOC VP, had a meeting with Polish Olympic Committee President, Dr **Andrzej Kraśnicki** and Slovenian Olympic Committee President Mr. **Bogdan Gabrovec** on Sept 20, to discuss the possibilities of the inclusion of kickboxing in the next European Games in Poland 2023.

The meeting was very successful with promising results.

We are working hard on this.  
[#WAKO](#) [#kickboxing](#)



Maribor, Slovenia  
September 20<sup>th</sup>

Great game ok meet IOC President **Thomas Bach** and members of the European Olympic Committee today with **Tomaz Barada** and **William Boss** for evening dinner.

A journey of a thousand miles must begin with a single-step. We WAKO have taken several positive steps

## WAKO IF Women Committee



### WAKO Women in Sport Committee

meeting has been held on September 18th, where was discussed about future activities.

Plans are to focus on developing educational sector in WAKO App, based on already signed [#BrightonPlusDeclaration](#) [IWG Women & Sport](#) as well as to focus on gender equality issues in the WAKO Bylaws.

The ongoing campaign where Women Committee is already active is [#HerWinOurWin](#) and empowering girls in Guatemala and India to join and stay in sport.

[#WakoWomen](#) [#kickboxing](#)



Dear Friends,

Today we celebrate **World Fair Play Day** in sports worldwide.

This is one of the most important lessons our sport can give to our athletes, coaches and officials.

The fact that we all deserve an equal and unbiased opportunity to excel in life, excel in sport and be treated equally and transparently.

WAKO and the sport of kickboxing, stands for discipline, respect, fair-play, not just on the field of play, but in our society as well. I would advise all youths aspiring to athletic fame or a professional career to practice clean living, fair play and good sportsmanship.

By our athletes participating in Kickboxing competition, with agreed rules helps them to

learn to live by rules, establish the delicate balance between competition and cooperation, between fair play and justice and exploitation and abuse of these for personal gain.

It helps them learn to manage the warmth of winning and the hurt of losing; it helps them to believe that there will be another chance to win the next time.

Creating resilience and an ability to continue to improve in sport and life.

Happy Fair Play Day 2020.

**Roy Baker** - WAKO IF President



From now on, the day of Fair Play will be held on 7th September every year all around the world.

It has been established as the day of International Fair Play Committee /CIFP/, the organization which exists for 57 years and promotes values of honesty and fair play in sport.

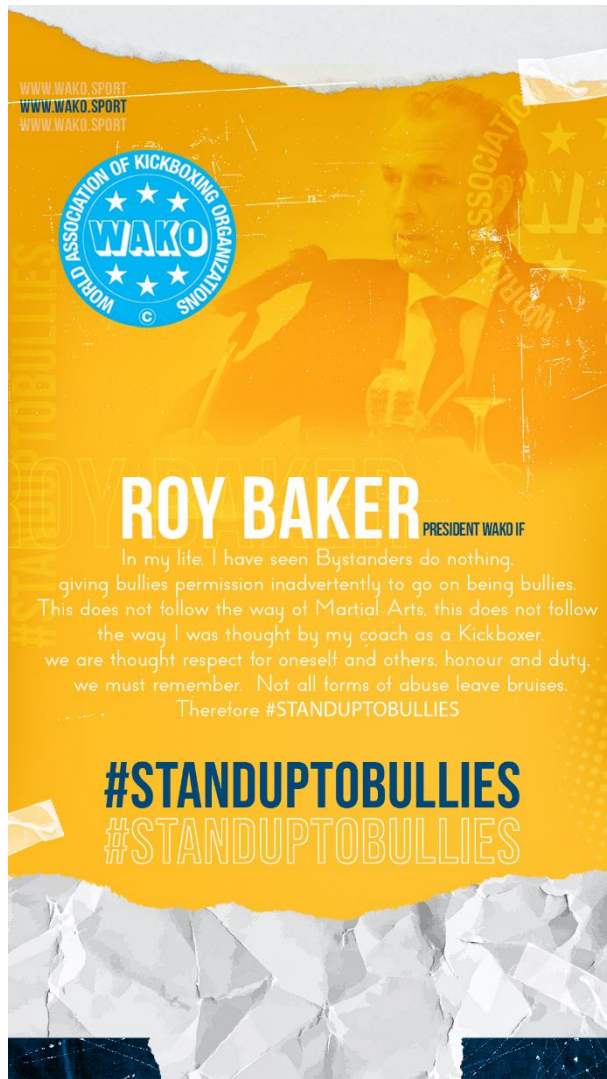
The first person in WAKO who was the laureate of the Fair Play award was Mr. **Romeo Desa**, Technical Director of WAKO, who was awarded by Mr. **Jeno Kamuti**, the CIFP President himself, during WAKO championships in Dublin 2016.

**ROY BAKER, WAKO IF President**

I am proud that WAKO have undertaken an initiative to fight bullying, intimidation and the material negative effect it has on people’s lives and as important their families. Please stand with me and share this article and apply the hastags.

In my life, I have seen Bystanders do nothing, giving bullies permission inadvertently to go on being bullies. This does not follow the way of Martial Arts, this does not follow the way I was thought by my coach as a Kickboxer, we are thought respect for oneself and others, honour and duty, we must remember. Not all forms of abuse leave bruises.

Therefore [#STANDUPTOBULLIES](#).  
[#WAKOKICKSBULLIES](#) [#WAKOFAMILY](#)  
[#ONEWAKOONECHAMPION](#)



**ROMEO DESA; WAKO Technical Director**

Let's fight against it! [#stopbullying](#)

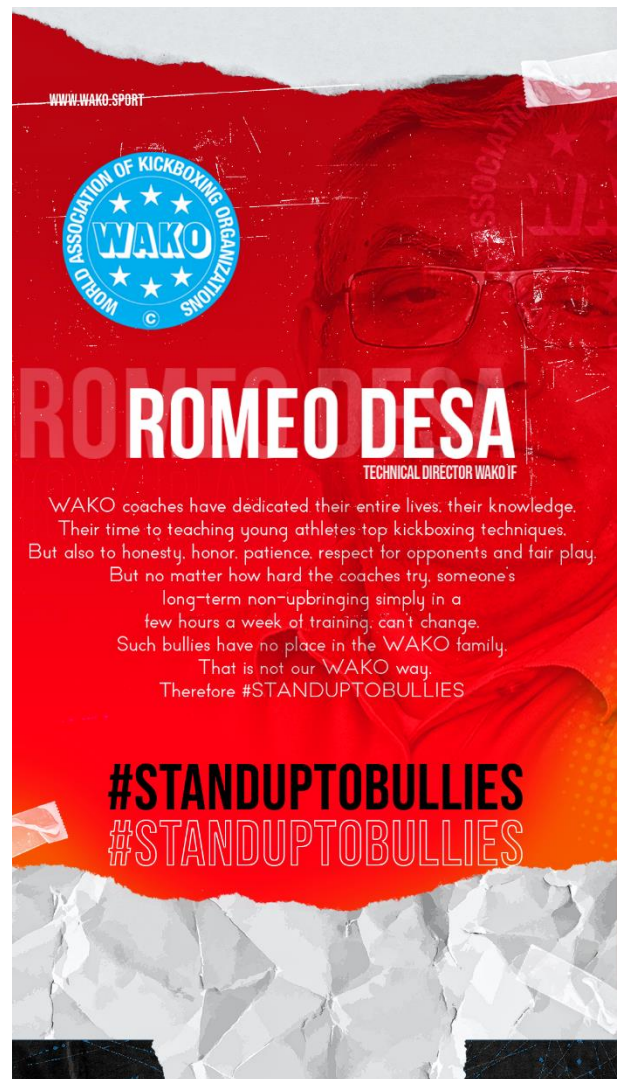
“Kickboxing is a sport that allows everyone to develop physically and mentally. From childhood to veteran age.

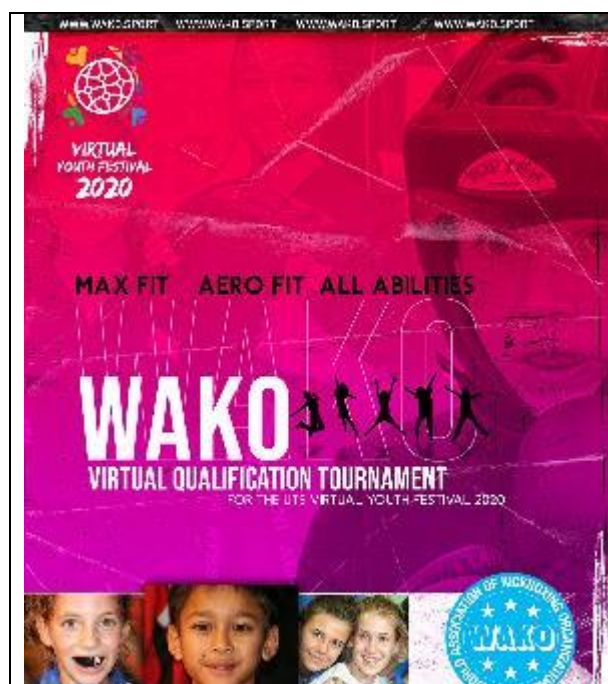
Our coaches teaches their students top martial arts techniques, but also the use of that techniques while respecting opponents, with honor and fair play.

Therefore, there is no place for peer violence in the WAKO kickboxing and we strongly distance ourselves from such phenomena in today's society. With all our knowledge and with learning of our students on that way, we fight against it,”

**Romeo Desa, WAKO Technical Director.**

[#standuptobullies](#) [#wakokicksbullies](#)





[Link to SportData](#)



The **UTS Virtual Youth Festival 2020** came to life as an opportunity for young athletes from all over the world to engage in friendly, sport for all competitions.

The unique Virtual Youth Festival will bring Olympic and non-Olympic sports together. The festival is under the patronage of the International Olympic Committee, the International Paralympic Committee, Special Olympics, SportAccord and the Global Association of International Sports Federations (GAISF).

WAKO has offered to its young kickboxers to compete in three disciplines:

**MAX FIT** (strength, stamina and power using standardized exercise and fitness drills)

**AERO FIT** ( WAKO discipline Musical Forms)

**ALL ABILITIES** ( sport challenges set for children with various kinds of disabilities).

Conditions for the participation will be clearly explained in the Invitation letter for National Federations WAKO members which is coming soon.

Stay tuned with WAKO for the upcoming detailed information about the WAKO Virtual Qualification Tournament for the UTS Virtual Youth Festival 2020!





## WADA - New Prohibited list for 2021



### THE COMMITTEE APPROVES REDESIGNED, MORE ATHLETE-FRIENDLY 2021 PROHIBITED LIST

**Montreal, 15 September 2020** – The World Anti-Doping Agency’s (WADA’s) Executive Committee (ExCo) held its third meeting of the year on 14-15 September, during which it received updates on WADA’s progress on key priorities and took a number of decisions, including approval of the List of Prohibited Substances and Methods (List) for 2021.

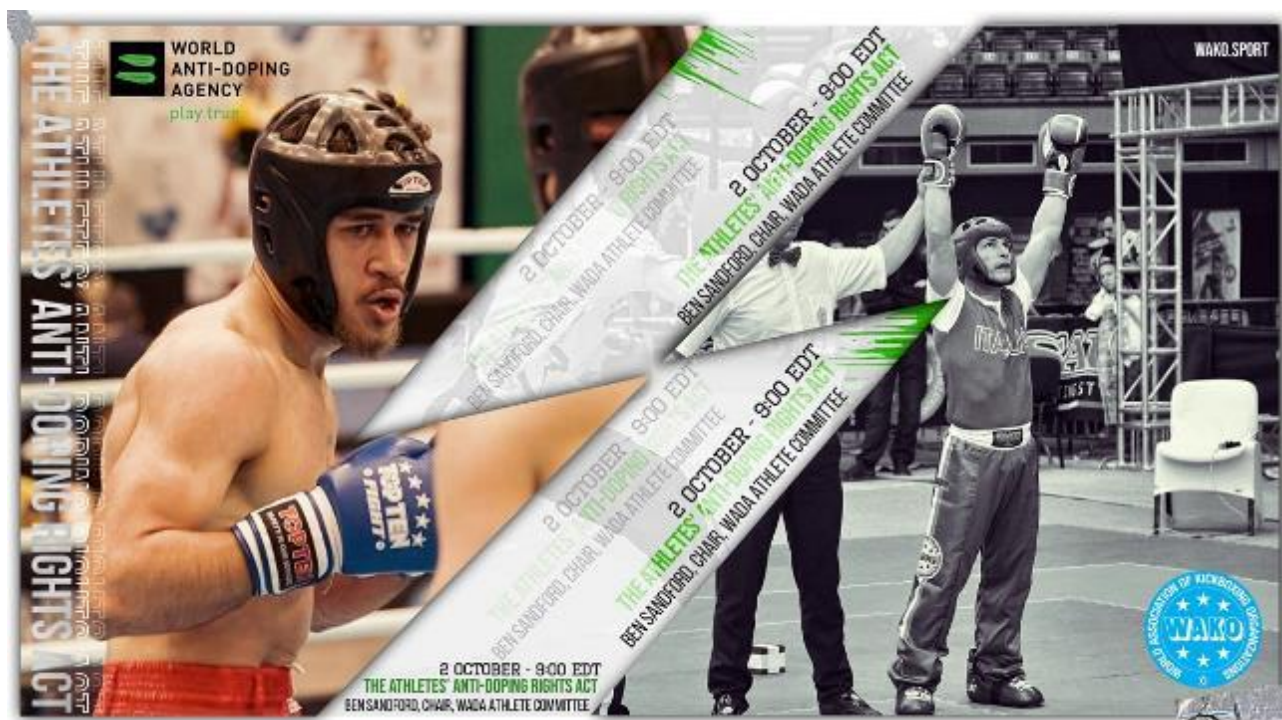
[Link to Modifications](#)

Updated **WAKO Anti-Doping rules** are fully compliant with WADA and were approved unanimously by the WAKO Board of Directors during the last meeting held on September 30<sup>th</sup>. Presidents of National Federations are kindly requested to inform and forward document to all the committees, clubs and associations of its National Federation. These WAKO Anti-Doping rules will come into force **starting from January 1<sup>st</sup>, 2021**.

[Link to WAKO Antidoping Rules](#)

The members of the WAKO Health, Medical and Anti Doping Committee are available for clarifications, in case of need please contact: [axia.ss@hotmail.it](mailto:axia.ss@hotmail.it)

## WADA Anti-Doping Seminar





# OUT DOOR KICKBOXING TRAINING IN BUENOS AIRES



-with covid-19 protocol-



# GRADUATION EXAMS IN ARGENTINA PROVINCE CORRIENTES



-SEPTEMBER 19  
-SEPTEMBER 26



-with covid-19 protocol-

## Argentina



# GRADUATION EXAMS IN ARGENTINA PROVINCE MISIONES



-SEPTEMBER 12  
-SEPTEMBER 13



-with covid-19 protocol-

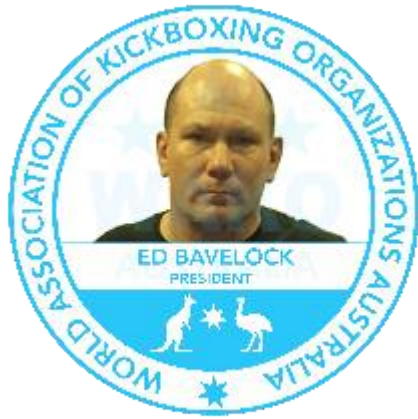


# VIDEO PRODUCTION FOR VIRTUAL CHAMPIONSHIP PROVINCE CORRIENTES



-SEPTEMBER 28





WAKO Australia Limited (WAL) is very proud to announce the majority vote was acknowledged by it's members to replace founding President, **Francis McArdle** at its 2020 AGM. WAL would like to thank Francis for his tireless work and service as President, since it's foundation in 2015. Under his leadership, not only did every Australian National Team bring home medals from every World Championship attended, but Australia also produced it's first Double World Champion.

Most notable of Francis' achievements however, was WAKO Australia's successful application as a NSO for Kickboxing under Sport Australia last year.

Francis announced his resignation from the position and urged members to support the proposal of Mr **Ed Bavelock** to take control and lead WAKO Australia to a new level of governance and support to its members.

Ed is a passionate Educator and Coach, having coached international athletes across several combat sports and currently holds Qualifications in Education, a Black Belt in Karate, and of course, one of the founding members of WAKO Australia.

WAKO wishes a warm welcome to Mr. **Ed Bavelock** with new position and his Team to the WAKO family. We look forward to continuing our successful collaboration with WAKO Australia and the development of kickboxing in Australia.



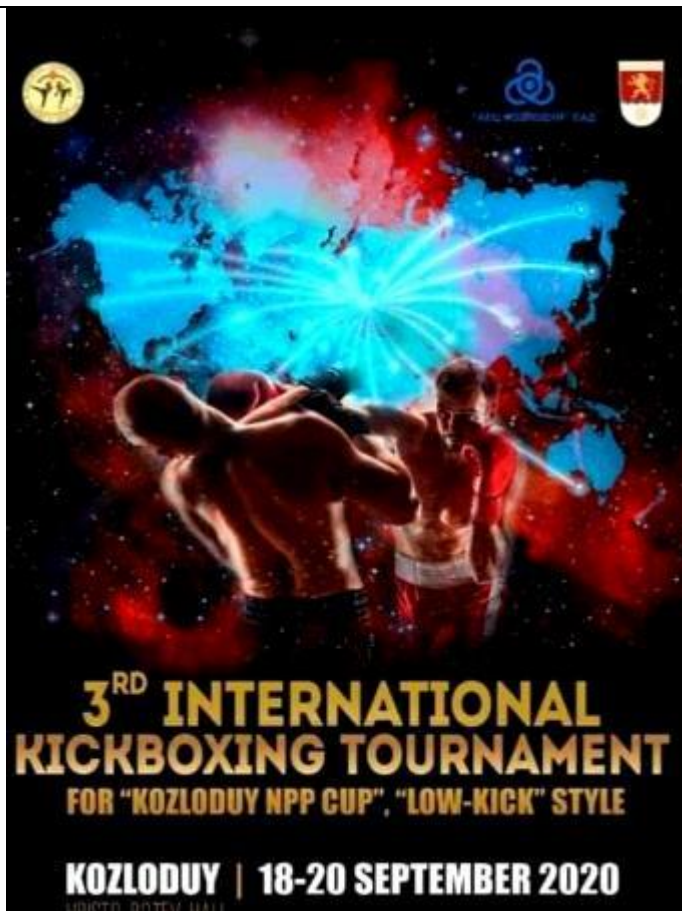
## Austria

From 4 - 6 September a workshop of pointfighting and light contact young national team of the ÖBFK took place at the Austrian Sports Resorts - BSFZ Faaker See in Carinthia.

The workshop was led by the national trainers **Ivan Kulev** and **Michael Gerdenitsch**, with the support of **Juso Prosic**.

The main focus of the workshop was on the further development of the technical skills of the young athletes, but of course, strength and endurance units were also included into the workshop.

With wonderful weather in the picturesque area of Lake Faaker, the fun was not too short either.



## Bulgaria

On 19.09.2020 in Kozloduy city, Hristo Botev Sports Hall held the third international kickboxing tournament "Kozloduy Cup" – in Low-kick.

More than 200 fighters from six countries took part in the tournament. In two rings, 125 kickboxing matches were finished successfully in all age categories.

In the team ranking first was team of "Patriot" Dupnitsa with 6 gold medals, the second "POBEDA" from Vratsa with 4 gold medals and 7 silver, and in third place the team of "Tiger Team" from Pernik, with 4 first places and 5 second .

The organizer of the tournament Mr. **Georgi Vachev** (member of the Board of the Bulgarian kickboxing federation) expresses his gratitude to the Mayor of Kozloduy Municipality, Mrs. **Marinela Nikolova**, to the management of "Kozloduy NPP" and all sponsors of the tournament.

## Canada



[Link to the video](#)

During this challenging COVID time those of us in the world of sport are adapting as best as possible. Athlete development is our priority so we continue to engaging our athletes in learning and growth.

Right before the shutdown we were fortunate to be part of one of the most amazing sporting events in Canada – the **Ontario Winter Games**. Kickboxing was part of a 27 multi-sport event with over 3000 officials, coaches and athletes. Our young athletes got to stay in an athletes village, be part of an opening ceremonies and get coached by a select group of provincial coaches from some of the top clubs in the country!

WAKO Kickboxing is growing in leaps and bounds in Canada as we are part of the mainstream sport community! Given all the COVID related challenges, it took a while to get the PROMO video done ... but it is here! A special thanks to **James Spalding** the video creator for all your dedication to our sport at the OWG and producing this video!

Let this be a positive reminder that we will be back to normal soon!

## Chile

**WAKO CHILE** ONLINE TRAINING

**ANDRÉS GARCÍA**  
PRESIDENTE & ATLETA  
WAKO GUATEMALA

**KICK LIGHT**  
05/09 - 12:00 HRS

CAMPEON  
WAKO WORLD  
CHAMPIONSHIP  
TURKEY 2019  
WORLD CUP  
HUNGARIAN 2019

YouTube FEDERACION DEPORTIVA WAKO CHILE Facebook WAKO CHILE

The Department of Education in conjunction with the Events Commission of our Federation of Sports WAKO Chile organized the first INTERNATIONAL session "ONLINE TRAINING"

On this occasion was presented KICKLIGHT discipline, which was lead by by Master **Andres Garcia** of Guatemala.

In its extensive sports resume, we highlight the winning of gold medal at the WAKO SENIOR WORLD CHAMPIONSHIPS and 25th HUNGARIAN KICKBOXING WORLD CUP, both performed during the year 2019.

It was definitely a great learning day.



Presentation of kickboxing on Olympic Day Festival in city of Rijeka.

Kickboxing club "Mega Center" led by Croatian national coach **Igor Ivosevic** presented kickboxing at open air sport festival.

During the two-hour program that began with the raising of the Olympic flag on the main city Promenade, 19 sports were presented with appropriate demonstrations. Young athletes showed all the beauties and values of athletics, motoring, bocce, boxing, gymnastics, judo, karate, kickboxing, basketball, volleyball, handball, bowling, chess, table tennis, tennis and kendo, and citizens will be able to learn about swimming, synchro swimming, skiing, diving, archery and water polo, from about 20 clubs. Also, an info point of the Ministry of the Interior was set up info both on Promenade.

The Croatian Olympic Day (HOD) was launched by the Croatian Olympic Committee in 2007 with the aim of encouraging citizens of all ages to actively engage in those sports that are available to them in the environments in which they live and work.



**MISTROVSTVÍ ČR 2020  
V KICKBOXU**

SPORTARÉNA TEPLICE  
NA STRADLECH 3280, TEPLICE

**4.-6. 9. 2020**

POINTS FIGHTING, LIGHT CONTACT, KICK LIGHT  
K-1, FULLCONTACT

CzechKickboxingTeam CzechKickboxing

Czech

The **Czech Republic Championship** was held from 4 to 6 September 2020 in city Teplice (near Prague), in disciplines PF, LC, KL and FC, K-1.

In total, are participated 63 clubs from all over the Czech Republic, took place here over 400 matches with almost 300 fighters.

At this time, -COVID- is it a successful participation in our country.

Best clubs in tatami disciplines:  
"Falcon Club" - Vysoke Myto  
"Schejbal's Gym" - Lovosice

Best clubs in ring disciplines:  
"Falcon Club" - Vysoke Myto  
"Tolja Gym" - Prague

**NÁRODNÍ POHÁR V KICKBOXU**

**26. září 2020**

**Místo konání:**  
Sportovní hala Nejzbach,  
**Adresa:**  
Komenského 29,  
Litomyšlské Předměstí,  
566 01 Vysoké Mýto

**Disciplíny:**  
Points Fighting,  
Lightcontact,  
Kick Light

Partneři:  
IVECO BUS PROSTAVBY JOSEF ZEMAN ECOS FASTER.CZ

Organizátor:  
Falcon Kickbox Vysoké Mýto z.s.

Czech

**Czech Kickboxing cup**  
**Vysoke Myto**  
**Czech Republic**  
**September 26 2020**

Best clubs:  
"Falcon Club" - Vysoke Myto  
"Martin Zavoral Team Fighters"  
"Kick Wolf Team"

## Ecuador

**International virtual training**  
September 30

Teaching and learning program  
led by Jairon Jarrin



## Finland

**Finnish Kickboxing Championship** in FC and K1  
held 5-6.9.2020 in Espoo, Finland.

There was 101 participants from 30 different  
clubs all over the country.

There was 51 fights in one ring for two days.

Best Club was "Kickboxing Team Oulu". 3 Gold, 2  
Silver and 1 Bronze.

Spectators was over 200 on saturday and little  
less on sunday which was unexpected because  
federation didn't advertise it at all!

Because of this difficult situation federation  
give special instructions for fighting area that  
everybody except fighters need to use masks  
all the time.

Everything went well without any proplems  
during whole weekend.





## Finland



**Juha Saurama**, Finnish national team coach, made with Finnish Sports Association (Olympic committee) program of developing a coach training system.

Program is intended for kickboxing and boxing top sports.

1 - level is 50 hours and it learns to coaches to build the right doctrine for individual kickboxing or boxing exercise.

2 - level is 100 hours and it learns to coaches to build top athlete year plan, i.e. how speed, strength, kickboxing/boxing skill and endurance at different training periods (basic period, preparation period for competition and competition period).

3 - level is 150 hours and it learns to coaches to build kickboxing/boxing sport analysis. Sport analysis is top performance in kickboxing/boxing.



## Great Britain

September 12

A proud moment for **Nevile Wray** home town with the opening of the new state of the art Braywick Leisure Centre.

Nevile Wray was invited to the official opening and ribbon cutting. It was an honour for WAKO GB and Nevile that he was a part of this special day, along with some of the local councillors.

Nevile Wray looking forward to moving local classes and the Cimac Superleague's to this amazing new centre.





**WAKO NATIONAL CAMP - LC YOUTH / JUNIORS - 12.09.2020 IN LUNEN**

Due to corona, the youth / junior world cup is known to be cancelled this year.

Nevertheless, according to a modified annual framework training plan, the National Team Athletes trained as closely as possible under Junior Federal Coach LC, **Brahim Triqui**, in order to be able to enter a regulated competition mode again soon.

The WAKO U16 / U19 Kickbox Nationalteam LC greets all the Kickboxing friends in the world!



**NATIONAL TEAM TRAINING MUSIC AND CREATIVE FORMS IN BERLIN**

On Saturday, 12.9.2020, the National Team met for the first joint training in 2020 after the first appointment had to be cancelled because of the lockdown. Almost all athletes who successfully represented us worldwide during the pandemic at the eWorldseries came to Berlin highly motivated.

Federal spokesman **Sven Schiller** and national coach **Marco Pultke** welcomed the young athletes and discussed again the past half-year, the successful participation in the eWorldseries and praised the motivation of the athletes. **Feena Aurelia Schillinger** was warmly welcomed with the national team. With this team, we look into an exciting and successful future.



**4th NATIONAL CAMP IN LIGHT CONTACT KICKBOXING ON 19.& 20.09.20 IN COLOGNE**

Competitive training based on the world state analysis of the world championships  
The athletes of the national team trained intensively and highly professionally under the hygiene conditions in force. Various technical-tactical and sparring forms with specific tasks were completed. The Team would like to thank the national coaches **Peter Zaar**, **Karsten Ruger** and **Martin Albers**.

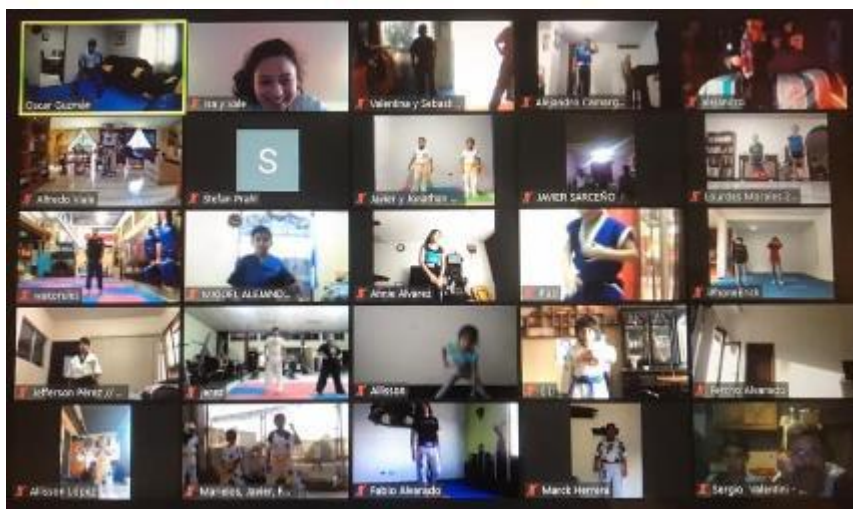


## Guatemala

Sep 12.2020

Sensei **Oscar Guzman** leded international kickboxing seminar.

At an international seminar [#WakoSeminarioModulo2](https://www.instagram.com/wakoseminario/), participated more than 100 participants from Guatemala, Mexico, Peru, Argentina, Costa Rica, Colombia and Brazil.



## POINT FIGHTING ON-LINE SEMINAR

September 26

Leaded by coaches: **Oscar Guzman** (Guatemala), **Jose Santiago** (Guatemala), **Hector Solorio** (Mexico) and (Italy).

Participated 150 participants from: Guatemala, Mexico El Salvador, Chile, Ecuador, Italy, Venezuela, Honduras, Nigeria, Argentina, Peru, Trinidad and Tobago and Costa Rica

September Report 2020




**Date:** 03<sup>rd</sup> September 2020  
**Time:** 6 to 7 pm

**WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY**

**LIGHT CONTACT PRESENTATION**  
DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED BY  
**Mr. Suryaprakash Mundapat**

Coaching Program Controller  
**Mr. Kartik Dakua**  
Chief Coach - WAKO India  
**Mr. Nilesh Shelar**  
Coach - WAKO India

The Coaching Programme helps members provide a safe and positive training environment in their clubs. It also helps raise awareness of best practices in contemporary coaching methods.



**Date:** 05<sup>th</sup> September 2020  
**Time:** 6 to 7 pm

**WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY**

**LIGHT CONTACT TECHNIQUES**  
DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED BY  
**Mr. Dheerj Waghmare**

Coaching Program Controller  
**Mr. Kartik Dakua**  
Chief Coach - WAKO India  
**Mr. Nilesh Shelar**  
Coach - WAKO India

The Coaching programme helps members provide a safe and positive training environment in their clubs. It also helps raise awareness of best practices in contemporary coaching methods.



**WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY**

The Coaching Programme helps members provide a safe and positive training environment in their clubs. It also helps raise awareness of best practices in contemporary coaching methods.

**DATE:** 07<sup>th</sup> September 2020  
**Time:** 6 to 7 pm

**BENCHWARM / STICK TECHNIQUES**  
DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED BY  
**Mr. Kartik Dakua**

Coaching Program Controller  
**Mr. Kartik Dakua**  
Chief Coach - WAKO India  
**Mr. Nilesh Shelar**  
Coach - WAKO India

The “Online WAKO India Kickboxing Training / Education Pathway Program” is running successfully since 4 months now. This has been a great achievement for our federation focusing on making and nurturing new talent across the country. The pathway has been a great help to all the Athletes/Coaches/Officials to cope up with the daily routine in such a pandemic situation. WAKO India is continuously monitoring a lot of growth in confidence of the participants since it provides a platform and gives equal opportunity to everyone to train the other members of the group also. The WAKO India members like Mr. Kartik Dakua, Mr. Nilesh Shelar, Mr. Suryapratap Mundapat, Mr. Krishna Dakua, Ms. Seema Saini, Mr. Anil Sharma, Dr. Sanjay Yadav are some names who are consistently contributing in upgrading the Federation. It has been observed that the level of interest has increased amongst the members and so is the participation level. WAKO India President Mr. Santosh K Agrawal has sincerely thanked WAKO (IF) Officials for backing up the group to grow and develop their knowledge in the sport in both practical and theoretical.

We invited WAKO Jordan team for training the youth in the ongoing Online Training Program during 25 – 26 September 2020. Under the leadership of Dr. Basel Alshaer, President – Jordan Kickboxing Association & Board Member – WAKO (IF) the 2 days schedule went in a smooth manner. Chief Coach of WAKO Jordan Team & Member Coaching Committee WAKO (IF), Mr. Essa Abu Nassar conducted the program explaining the styles and techniques in both theoretical but practical. It was a great interactive session where one could watch and learn the International techniques. The house was full with more than 300 participants from more than 13 countries which made the education pathway more popular.

WAKO India President Mr. Santosh K. Agrawal attended the “1st WAKO National Federation Development Workshop”. It was a 2 days event starting from 26th to 27th September taking place in Istanbul, Turkey. The event was attended by the WAKO President and 1st Vice President, Mr. Roy Baker and Mr. Espen Lund respectively. WAKO hosted said seminar virtually as well as with participants present at the venue. The workshop was focused on the development of Kickboxing at different level in different part of the world sharing life lessons and knowledge to help shape the sport and also, the level of success and development will be enhanced and improved, when we as a WAKO Family learn from each.

**NATIONAL ACCREDITED COACH**

## WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

**DATE:** 08<sup>th</sup> September 2020  
**TIME:** 6 to 7 pm

**NIGHT LIGHT EVENT PRESENTATION**

DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED BY  
**Mr. Krushna Dakua**

Coaching Program Controller:  
**Mr. Kartik Dakua**, Chief Coach - WAKO India  
**Mr. Nilesh Shelar**, Coach - WAKO India



**NATIONAL ACCREDITED COACH**

WAKO INDIA

zoom

WAKO INDIA



**DATE:** 13<sup>th</sup> September 2020  
**TIME:** 6 to 7 pm

**NATIONAL ACCREDITED COACH**

WAKO INDIA

zoom

**NATIONAL ACCREDITED COACH**

## WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

**DATE:** 10<sup>th</sup> September 2020  
**TIME:** 6 to 7 pm

**NIGHT LIGHT BURNY TRAINING / PRACTICE**

DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED BY  
**Ms. Seema Saini**

Coaching Program Controller:  
**Mr. Kartik Dakua**, Chief Coach - WAKO India  
**Mr. Nilesh Shelar**, Coach - WAKO India




DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED BY  
**Mr. Anand Machcha, (Zumba Instructor)**  
On Cardio Kickboxing, Zumba, Dance, "How To Keep Fit Mentally And Physically"

**NATIONAL ACCREDITED COACH**

WAKO INDIA

**NATIONAL ACCREDITED COACH**

## WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

**DATE:** 12<sup>th</sup> September 2020  
**TIME:** 6 to 7 pm

Coaching Program Controller:  
**Mr. Kartik Dakua**, Chief Coach - WAKO India  
**Mr. Nilesh Shelar**, Coach - WAKO India



Apart from this, Ms. Pooja Harshaa Member of Women Committee in WAKO (IF) represented WAKO India in a Virtual meeting of WAKO Women in Sport Committee where they discussed about future activities plans to focus on developing education sector in WAKO App, based on already signed "Brighton plus Declaration" as well as to focus on gender equality issues in the WAKO Bylaws.

This month was yet another amazing month for WAKO Indiawith extra ordinary effort from each member of the team contributing to the development of the game and redefining Kickboxing sport in India. WAKO India sincerelythanks WAKO (IF) in pushing the teamin every occasion.

**NATIONAL ACCREDITED COACH**

## WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

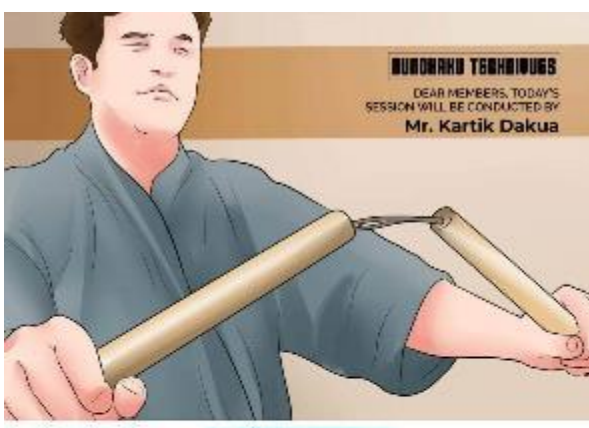
The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

**DATE:** 10<sup>th</sup> September 2020  
**TIME:** 6 to 7 pm

**NIGHT LIGHT BURNY TRAINING / PRACTICE**

DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED BY  
**Ms. Seema Saini**

Coaching Program Controller:  
**Mr. Kartik Dakua**, Chief Coach - WAKO India  
**Mr. Nilesh Shelar**, Coach - WAKO India

**NUNCHUKU TECHNIQUES**

DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED BY  
**Mr. Kartik Dakua**

**NATIONAL ACCREDITED COACH**

WAKO INDIA

**NATIONAL ACCREDITED COACH**

## WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

**DATE:** 17<sup>th</sup> September 2020  
**TIME:** 6 to 7 pm

Coaching Program Controller:  
**Mr. Kartik Dakua**, Chief Coach - WAKO India  
**Mr. Nilesh Shelar**, Coach - WAKO India





**LOW KICK PRESENTATION**

DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED BY  
**Mr. Krushna Dakua**

**NATIONAL ACCREDITED COACH**

**WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY**

The Coaching Programme helps Instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

**Date: 18<sup>th</sup> September 2020**  
**Time: 6 to 7 pm**

Coaching Program Controller  
Mr. Kartik Dakua, Chief Coach - WAKO India  
Mr. Nilesh Shelar, Coach - WAKO India

**WAKO INDIA** **zoom** **WORLD CHAMPIONSHIP 2020 INDIA**



**NATIONAL ACCREDITED COACH**

**WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY**

The Coaching Programme helps Instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

**Date: 19<sup>th</sup> September 2020**  
**Time: 6 to 7 pm**

**BY RULES PRESENTATION**

DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED BY  
**Mr. Krushna Dakua**

Coaching Program Controller  
Mr. Kartik Dakua, Chief Coach - WAKO India  
Mr. Nilesh Shelar, Coach - WAKO India

**WAKO INDIA** **zoom** **WORLD CHAMPIONSHIP 2020 INDIA**



**ROASTICK TECHNIQUES**

DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED BY  
**Mr. Kartik Dakua**

**NATIONAL ACCREDITED COACH**

**WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY**

The Coaching Programme helps Instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

**Date: 21<sup>st</sup> September 2020**  
**Time: 6 to 7 pm**

Coaching Program Controller  
Mr. Kartik Dakua, Chief Coach - WAKO India  
Mr. Nilesh Shelar, Coach - WAKO India

**WAKO INDIA** **zoom** **WORLD CHAMPIONSHIP 2020 INDIA**



**NATIONAL ACCREDITED COACH**

**WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY**

The Coaching Programme helps Instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

**MUSICAL EVENT PRESENTATION**

DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED BY  
**Mr. Krushna Dakua**

**Date: 22<sup>nd</sup> September 2020**  
**Time: 6 to 7 pm**

Coaching Program Controller  
Mr. Kartik Dakua, Chief Coach - WAKO India  
Mr. Nilesh Shelar, Coach - WAKO India

**WAKO INDIA** **zoom** **WORLD CHAMPIONSHIP 2020 INDIA**





**WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY**

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

**NATIONAL ACCREDITED COACH**

**WAKO INDIA**

**WAKO**

**WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY**


DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED BY  
**Mr. Dheerj Waghmare**

Coaching Program Controller  
Mr. Kartik Dakua, Chief Coach - WAKO India  
Mr. Nilesh Shelar, Coach - WAKO India

**LOW HIGH FIGHT PRACTICE**

**WAKO INDIA**  
**WAKO**  
**WAKO INDIA**

**WAKO INDIA**  
**WAKO**  
**WAKO INDIA**



**WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY**

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**NATIONAL ACCREDITED COACH**

**WAKO INDIA**

**WAKO**

**WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY**

DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED BY  
**Kartik Dakua**

Coaching Program Controller  
Mr. Kartik Dakua, Chief Coach - WAKO India  
Mr. Nilesh Shelar, Coach - WAKO India

**TORNA BASIC TECHNIQUES**

**WAKO INDIA**  
**WAKO**  
**WAKO INDIA**

**WAKO INDIA**  
**WAKO**  
**WAKO INDIA**

**WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY**

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

**NATIONAL ACCREDITED COACH**

**WAKO INDIA**

**WAKO**

**WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY**

**INTENSIVE TRAINING PROGRAM ON FULL CONTACT**

**25TH & 26TH SEPTEMBER 2020**


**MR. ESSA ABU NASSAR**  
Chief Coach - WAKO Jordan Team  
Member - WAKO Coaching Committee

Coaching Program Controller  
Mr. Kartik Dakua, Chief Coach - WAKO India  
Mr. Nilesh Shelar, Coach - WAKO India

**SAURISH KUMAR JEDRAWAL**  
President - WAKO India Kickboxing Federation  
Trustee - WAKO Technical Committee

**WAKO INDIA**  
**WAKO**  
**WAKO INDIA**

**WAKO INDIA**  
**WAKO**  
**WAKO INDIA**



**WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY**

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

**NATIONAL ACCREDITED COACH**

**WAKO INDIA**

**WAKO**

**WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY**

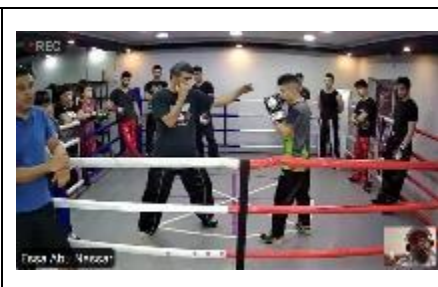
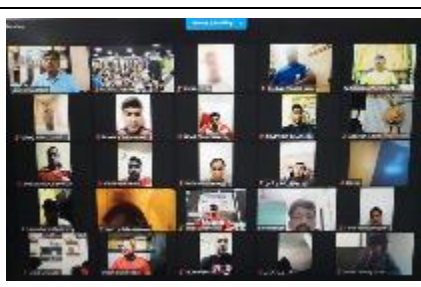
DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED BY  
**Mr. Ajay Saini**

Coaching Program Controller  
Mr. Kartik Dakua, Chief Coach - WAKO India  
Mr. Nilesh Shelar, Coach - WAKO India

**K1 RULES TECHNIQUES**

**WAKO INDIA**  
**WAKO**  
**WAKO INDIA**

**WAKO INDIA**  
**WAKO**  
**WAKO INDIA**



### WAKO Iran Kickboxing Association (WAKO IRAN) organized Anti-Doping Webinar

On 18 September 2020, WAKO Iran Kickboxing Association (WAKO IRAN), led by its President Mr Nasser Nassiri, organized the first Anti-Doping webinar in coordination with the Medical and Anti-Doping committee of the WAKO Iran Kickboxing Association and the training group of the 3 national provinces.

The committee of WAKO Iran Kickboxing Association of Kermanshah province hosted the Webinar.

Introductory online seminar on Anti-Doping and prohibited drugs took place using Skype program with the participation of more than approximately 100 Coaches, Referees and athletes of both males and females across the 3 provinces of the country (Kermanshah, Lorestan and Kurdistan) under the supervision of Dr. Hossein Hassani, the Chairman of the Health and Anti-Doping Committee of the Asian Kickboxing Confederation (WAKO Asia) and Chairman of the Anti-Doping Committee of the WAKO Iran Kickboxing Association with coordination of Mr. Mehrdad Khoshsoolok.



The Seminar was held from during 4 hours with the coordination of the National Board of Sports Associations of the province and the board of Sports Medicine of Kermanshah province.

The webinar was conducted by Dr. Yazdan Bahmani, Head of the Anti-Doping Committee of the WAKO Iran Kickboxing Association in Kermanshah province, on basic topics and information about Anti-Doping cases in accordance with the guidelines and rules of the World Anti-Doping Agency (WADA) according to international standards applicable in Kickboxing sport with the aim to raise awareness and to educate coaches, referees and athletes.

History of Doping, definition of doping and familiarity with relevant terms, global anti-doping regulations, introduction of classes of prohibited substances and prohibited drugs, monitoring list, exemption form, familiarity with 10 cases of Doping, Doping control process are among the topics discussed were the subject of the seminar.





Italy

**PROTOCOL FOR TRAINING AND SPORT EVENTS - TO ALL AFFILIATE SOCIETIES**

Following the provisions issued with the DPCM of 7 September 2020 and related annexes, the resumption protocols for gym activities and for the resumption of competitive activities are published below

[LINK](#)

**European Sport Week**



**The meaning of sport through one's personal experience**



Elena Cardoni, Low Kick world champion  
[LINK TO THE VIDEO MESSAGE](#)



Brothers Riccardo and Fabrizio Bergamini.  
[LINK TO THE VIDEO MESSAGE](#)



Noemi Esposito, Europe champion of Low Kick in 2019 (junior)  
[LINK TO THE VIDEO MESSAGE](#)



Coach Antonio Buono, - Zen Shin gym in Galatina

[LINK TO VIDEO MESSAGE](#)



Enzo and Simone Barber - father and son with extraordinary successes.  
[LINK TO THE VIDEO MESSAGE](#)



DTN Biagio Tralli -Dynamic Center, Matera

[LINK TO THE VIDEO MESSAGE](#)



Davide Colla, Point Fighting World Champion  
[LINK TO THE VIDEO MESSAGE](#)



The considerations of president of FIKBMS Donato Milano: "Nice initiative that has put all sport in communion through its own lived "

[LINK TO THE VIDEO MESSAGE](#)

**Referees Beginners Course**  
Ring and tatami sport

From the 4 to 10 of September 2020  
25 participants

Al Marqab University, Alkhumas, Libya  
Lecturer : **Ahmed Alsunni**  
Wako International Referee

[LINK TO THE VIDEO](#)



**TALLER DE PSICOLOGÍA EN EL DEPORTE**

**MÉRCOLES 02 DE SEPTIEMBRE 15:00 HRS**

FENAKIB & WAKO MÉXICO invitan a toda la comunidad de artes marciales & deportes de contacto (padres de familia, entrenadores, atletas y jueces) a la videoconferencia:

**AUTODIALOGO EN EL DEPORTE**

**PONENTE:**  
Dra. Diana Vázquez Cruz  
Psicóloga de la Federación Mexicana de Karate Dojo México

**facebook LIVE**  
FENAKIB & WAKO México

TE ESPERAMOS!!!

**ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING**

**SÁBADO 05 DE SEPTIEMBRE, 2020**

**RICARDO MARTINEZ**

**10:15 - 11:15 HRS**  
LOW KICK & KI "RULES"

**zoom** **facebook LIVE**  
FENAKIB & WAKO México

TE ESPERAMOS!!!

**ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING**

**SÁBADO 05 DE SEPTIEMBRE, 2020**

**FELIPE SANTAMARÍA**

**11:30 - 12:30 HRS**  
LIGHT CONTACT & KICK LIGHT

**zoom** **facebook LIVE**  
FENAKIB & WAKO México

TE ESPERAMOS!!!

**ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING**

**SÁBADO 05 DE SEPTIEMBRE, 2020**

**ERIC SOSA**

**09:00 - 10:00 HRS**  
FORMAS MUSICALES

**zoom** **facebook LIVE**  
FENAKIB & WAKO México

TE ESPERAMOS!!!

**ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING**

**SÁBADO 05 DE SEPTIEMBRE, 2020**

**DAVID LARA**

**12:45 - 13:45 HRS**  
POINT FIGHTING

**zoom** **facebook LIVE**  
FENAKIB & WAKO México

TE ESPERAMOS!!!

**TALLER DE PSICOLOGÍA EN EL DEPORTE**

**MÉRCOLES 09 DE SEPTIEMBRE 15:00 HRS**

FENAKIB & WAKO MÉXICO invitan a toda la comunidad de artes marciales & deportes de contacto (padres de familia, entrenadores, atletas y jueces) a la videoconferencia:

**PREPARACIÓN PSICOLÓGICA PRE-COMPETITIVA**

**PONENTE:**  
Raúl Martínez Reyes  
Licenciado en Psicología

**facebook LIVE**  
FENAKIB & WAKO México

TE ESPERAMOS!!!

www.wakomexico.com

**ENTRENAMIENTO DE LA SELECCION MEXICANA DE KICKBOXING**

LUNES, MIÉRCOLES Y VIERNES

**DAVID LARA**

20:00 HRS  
POINT FIGHTING



WAKO MEXICO SELECCION MEXICANA DE KICKBOXING

WAKO MEXICO FENAKIB MEXICO CONADE

Zoom

www.wakomexico.com

**ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING**

SÁBADO 12 DE SEPTIEMBRE, 2020

**RICARDO MARTINEZ**

10:15 - 11:15 HRS  
LOW KICK & K1 "RULES"



WAKO MEXICO SELECCION MEXICANA DE KICKBOXING

WAKO MEXICO FENAKIB MEXICO CONADE

Zoom Facebook LIVE

www.wakomexico.com

**ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING**

SÁBADO 12 DE SEPTIEMBRE, 2020

**MARIANA CORTES**

12:45 - 13:45 HRS  
POINT FIGHTING



WAKO MEXICO SELECCION MEXICANA DE KICKBOXING

WAKO MEXICO FENAKIB MEXICO CONADE

Zoom Facebook LIVE

www.wakomexico.com

**ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING**

SÁBADO 12 DE SEPTIEMBRE, 2020

**DANIEL ORTIZ**

11:30 - 12:30 HRS  
LIGHT CONTACT & KICK LIGHT



WAKO MEXICO SELECCION MEXICANA DE KICKBOXING

WAKO MEXICO FENAKIB MEXICO CONADE

Zoom Facebook LIVE

**TALLER DE NUTRICION EN EL DEPORTE**

JUEVES 10 DE SEPTIEMBRE 15:00 HRS

FENAKIB & WAKO MÉXICO invitan a toda la comunidad de artes marciales & deportes de contacto (padres de familia, entrenadores, atletas y jueces) a la videoconferencia:

**DIETAS DE MODA**

PDNENTE: Nitro, Ezequiel Rodríguez Torres, Asociación de Atletas y Entrenadores de Kickboxing y Taekwondo

WAKO MEXICO FENAKIB MEXICO CONADE

Facebook LIVE FENAKIB & WAKO México

TE ESPERAMOS!!!

www.wakomexico.com

**ENTRENAMIENTO DE LA SELECCION MEXICANA DE KICKBOXING**

MARTES Y JUEVES

**JOSÉ VERA**

20:00 HRS  
FULL CONTACT



WAKO MEXICO SELECCION MEXICANA DE KICKBOXING

WAKO MEXICO FENAKIB MEXICO CONADE

Zoom

**TALLER INFORMATIVO: REGLAMENTACIÓN DEL KICKBOXING**  
 AVALUADO POR WAKO I.F.

**VIERNES 11 DE SEPTIEMBRE**  
**15:00 HRS**

FENAKIB & WAKO MÉXICO invitan a toda la comunidad de artes marciales & deportes de contacto (padres de familia, entrenadores, atletas y jueces) a la videoconferencia:

**UNIFORME Y EQUIPAMIENTO OFICIAL EN DISCIPLINAS DE TATAMI**

**TE ESPERAMOS!!!**

**PONENTE:**  
 José Luis Velázquez  
 Director del Colegio de Referente y Asesor - Toluca

**facebook LIVE**  
 FENAKIB & WAKO México

Logos: WAKO, FENAKIB, CONADE, American Kickboxing Federation

**ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING**

**SÁBADO 12 DE SEPTIEMBRE, 2020**

**DANIEL ORTIZ**

**11:30 - 12:30 HRS**  
 LIGHT CONTACT & KICK LIGHT

**zoom** **facebook LIVE**  
 FENAKIB & WAKO México

Logos: WAKO, FENAKIB, CONADE, American Kickboxing Federation

**ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING**

**SÁBADO 12 DE SEPTIEMBRE, 2020**

**RICARDO MARTINEZ**

**10:15 - 11:15 HRS**  
 LOW KICK & KI "RULES"

**zoom** **facebook LIVE**  
 FENAKIB & WAKO México

Logos: WAKO, FENAKIB, CONADE, American Kickboxing Federation

**ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING**

**SÁBADO 12 DE SEPTIEMBRE, 2020**

**MARIANA CORTES**

**12:45 - 13:45 HRS**  
 POINT FIGHTING

**zoom** **facebook LIVE**  
 FENAKIB & WAKO México

Logos: WAKO, FENAKIB, CONADE, American Kickboxing Federation

**TALLER INFORMATIVO: REGLAMENTACIÓN DEL KICKBOXING**  
 AVALUADO POR WAKO I.F.

**VIERNES 18 DE SEPTIEMBRE**  
**15:00 HRS**

FENAKIB & WAKO MÉXICO invitan a toda la comunidad de artes marciales & deportes de contacto (padres de familia, entrenadores, atletas y jueces) a la videoconferencia:

**REGLAS ESPECÍFICAS DE DEPORTES DE RING**

**TE ESPERAMOS!!!**

**PONENTE:**  
 Felipe Bantamario  
 Director del Colegio de Referente y Asesor - Ring

**facebook LIVE**  
 FENAKIB & WAKO México

Logos: WAKO, FENAKIB, CONADE, American Kickboxing Federation

**ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING**

**SÁBADO 19 DE SEPTIEMBRE, 2020**

**RICARDO MARTINEZ**

**10:15 - 11:15 HRS**  
 LOW KICK & KI "RULES"

**zoom** **facebook LIVE**  
 FENAKIB & WAKO México

Logos: WAKO, FENAKIB, CONADE, American Kickboxing Federation

www.wakomexico.com

**ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING**

SÁBADO 19 DE SEPTIEMBRE, 2020

**FELIPE SANTAMARÍA**

11:30 - 12:30 HRS  
LIGHT CONTACT & KICK LIGHT



WAKO MEXICO SELECCION MEXICANA DE KICKBOXING - PLANTILLA

WAKO MEXICO FENAKIB WAKO MEXICO

Zoom Facebook LIVE FENAKIB & WAKO México

WAKO MEXICO FENAKIB WAKO MEXICO CONADO

www.wakomexico.com

**ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING**

SÁBADO 19 DE SEPTIEMBRE, 2020

**DAVID LARA**

12:45 - 13:45 HRS  
POINT FIGHTING



WAKO MEXICO SELECCION MEXICANA DE KICKBOXING - PLANTILLA

WAKO MEXICO FENAKIB WAKO MEXICO

Zoom Facebook LIVE FENAKIB & WAKO México

WAKO MEXICO FENAKIB WAKO MEXICO CONADO

www.wakomexico.com

**ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING**

SÁBADO 19 DE SEPTIEMBRE, 2020

**DAVID LARA**

12:45 - 13:45 HRS  
POINT FIGHTING



WAKO MEXICO SELECCION MEXICANA DE KICKBOXING - PLANTILLA

WAKO MEXICO FENAKIB WAKO MEXICO

Zoom Facebook LIVE FENAKIB & WAKO México

WAKO MEXICO FENAKIB WAKO MEXICO CONADO

**TALLER DE PSICOLOGÍA EN EL DEPORTE**

MÉRCOLES 23 DE SEPTIEMBRE 15:00 HRS



POLENTE:  
Dra. Diana Viquez Cruz  
Psicóloga de la Selección Mexicana de Kickboxing

FENAKIB & WAKO MÉXICO invitan a toda la comunidad de artes marciales & deportes de contacto (padres de familia, entrenadores, atletas y jueces) a la videoconferencia:

**VISUALIZACIÓN**

Facebook LIVE FENAKIB & WAKO México

WAKO MEXICO FENAKIB WAKO MEXICO CONADO

TE ESPERAMOS!!!

**TALLER INFORMATIVO: REGLAMENTACIÓN DEL KICKBOXING**  
ANÁLISIS POR WAKO IF

VIERNES 25 DE SEPTIEMBRE 15:00 HRS



POLENTE:  
José Luis Velázquez  
Director del Colegio de Referee y Jueces - WAKO

FENAKIB & WAKO MÉXICO invitan a toda la comunidad de artes marciales & deportes de contacto (padres de familia, entrenadores, atletas y jueces) a la videoconferencia:

**ZONAS Y TÉCNICAS LEGALES EN DISCIPLINAS DE TATAMI**

Facebook LIVE FENAKIB & WAKO México

WAKO MEXICO FENAKIB WAKO MEXICO CONADO

TE ESPERAMOS!!!

**TALLER DE NUTRICIÓN EN EL DEPORTE**

JUEVES 24 DE SEPTIEMBRE 15:00 HRS



POLENTE:  
Miro Mauricio López Piz  
Médico de Selección Mexicana de Kickboxing WAKO IF

FENAKIB & WAKO MÉXICO invitan a toda la comunidad de artes marciales & deportes de contacto (padres de familia, entrenadores, atletas y jueces) a la videoconferencia:

**COMPLICACIONES NUTRICIONALES DURANTE LA COMPETENCIA**

Facebook LIVE FENAKIB & WAKO México

WAKO MEXICO FENAKIB WAKO MEXICO CONADO

TE ESPERAMOS!!!

www.wakomexico.com

**ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING**

SÁBADO 26 DE SEPTIEMBRE, 2020

**JORGE MORALES**

12:45 - 13:45 HRS  
POINT FIGHTING

MICROFONO SILENCIOSO Y VIDEO DECEJADO - PLUMAJERO

zoom facebook

FRANK R. WAKO MEXICO

CONADE

Mexico

www.wakomexico.com

**ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING**

SÁBADO 26 DE SEPTIEMBRE, 2020

**ALFREDO ORTIZ**

11:30 - 12:30 HRS  
LIGHT CONTACT & KICK LIGHT

MICROFONO SILENCIOSO Y VIDEO DECEJADO - PLUMAJERO

zoom facebook

FRANK R. WAKO MEXICO

CONADE

www.wakomexico.com

**ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING**

SÁBADO 26 DE SEPTIEMBRE, 2020

**MARCO PEDRAZA**

10:15 - 11:15 HRS  
LOW KICK & K1 STYLES

MICROFONO SILENCIOSO Y VIDEO DECEJADO - PLUMAJERO

zoom facebook

FRANK R. WAKO MEXICO

CONADE

www.wakomexico.com

**ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING**

SÁBADO 26 DE SEPTIEMBRE, 2020

**ERIC SOSA**

09:00 - 10:00 HRS  
FORMAS MUSICALES

MICROFONO SILENCIOSO Y VIDEO DECEJADO - PLUMAJERO

zoom facebook

FRANK R. WAKO MEXICO

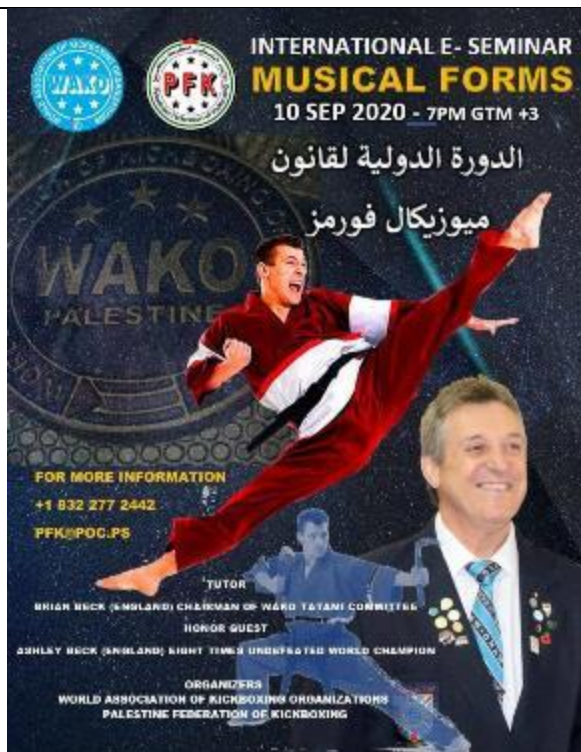
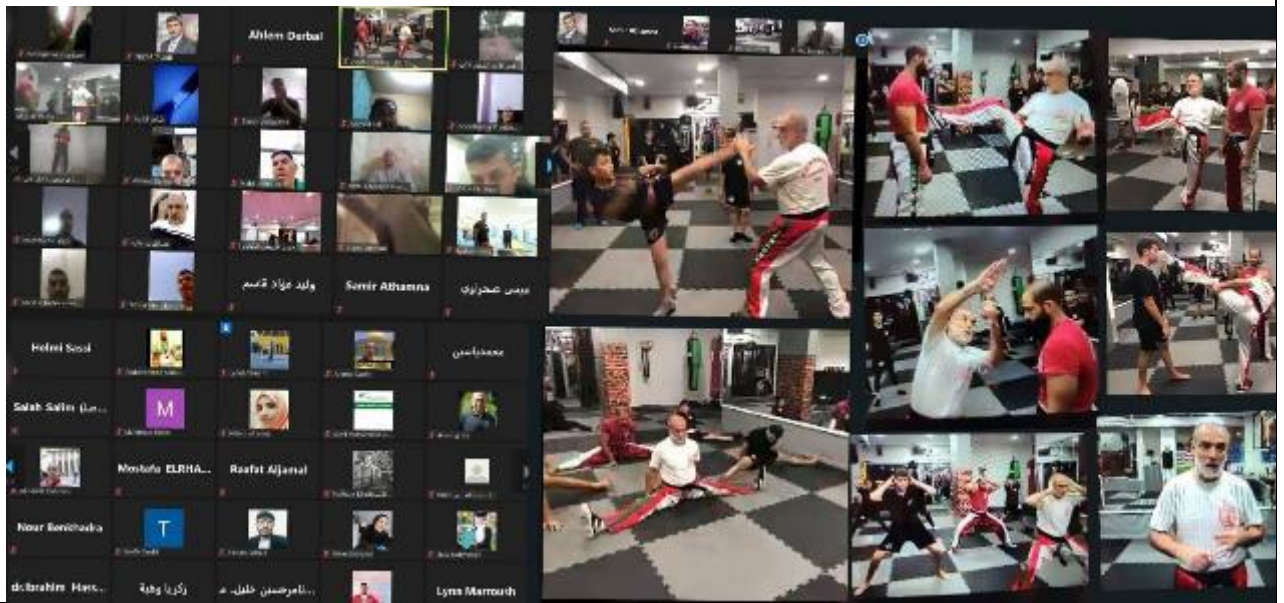
CONADE



**Palestine Federation of Kickboxing** concludes its **Point Fighting** course in cooperation with the Lebanese Federation.

The Palestinian Kickboxing Federation concluded the third training course for the discipline of "Point Fighting", which lasted for two days in cooperation with the Lebanese Federation through "Zoom" program, with the participation of more than 250 coaches. Coaches was from 21 Arab and other countries.

The international expert, Abdul Rahman al-Rayyes, President of the Lebanese Federation, who gave a detailed explanation about warm-up exercises, combat stops, basic techniques, allowed and forbidden targets, training methods in conjunction with the practical application of the participants, in addition to many tips for coaches specifically, attended the session.



**Palestinian Kickboxing Federation organizes an international course in Musical Forms.**

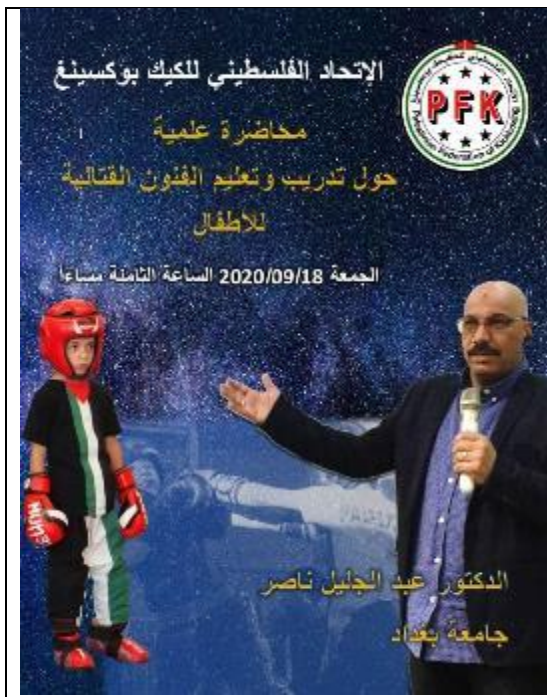
The Palestinian Kickboxing Federation, in cooperation with the WAKO, is organizing the first international seminar in the ' Musical Forms '' on Thursday, September 10th, via Zoom video

Lecturer Brian Beck explained that "Music Lorms " is the creative fantasy fight against one or more virtual opponents using eastern martial arts techniques as well as conventional weapons on the rhythm of music, one of the seven laws adopted by the sport of cakeboxing, and He has independent global competitions with large numbers of various combat games.

On on-line seminar participated 274 coaches from Palestine and 31 Arab and other countries



## Palestine



The Palestinian Kickboxing Federation organized a scientific lecture on "Training and teaching children of Martial Arts, on Friday, September 18th, via on-line video Zoom.

Lecturer was the Iraqi expert Dr. Abdul Jalil Jabbar, Professor of Sports Training Department at Baghdad University, Faculty of Physical Education and Sports Sciences.

Samir Othamna, President of the Palestinian Kickboxing Federation, explained that participation was available to all martial arts trainers in Palestine to enhance their knowledge in this important field.

Since the beginning of the Corona pandemic, the Palestinian Federation has been trying to continue its activities and programs, according to the mechanisms available, and has managed to organize many courses and tournaments through video communication technology.



## Poland

Borowice - 4.-6.09.2020.

Kickboxing camp of Polish National K1 Team - In Borowice near Karpacz

## "Boxing on wheelchair " 2020

Polish kickboxing national team in wheelchair (parakickboxing team) and athletes with Parkinson's disease, successfully finished a training camp 02.09.2020.

Kickboxers: **Paweł Kaleta, Łukasz Kosiara, Tomasz Wasted, Przemek Zdzibek and Dawid Lis.**

Coaches: **Sebastian Górniak, Karol Wójcik and Jacek Pendulak.**

[LINK TO THE VIDEO](#)



Poland



**The first Polish kickboxing Championships during the pandemic took place without interference - 04.-06.09.2020.**

The first Polish kickboxing championship of older cadets in Krynica-Zdrój has ended this year. A total of 184 players and players took part in Light Contact and Pointfighting discipline.

The best LC female kickboxner - Julia Szyjkowska (A&W Team - Obrowo),  
The best LC male kickboxer - Łukasz Gumiński (Sekcja Kickboxingu Zamek Expom - Kurzętnik)

Best Light Contact Club: Zamek - Kurzętnik  
Best Pointfighting Club: X Fight - Piaseczno

Best PF female kickboxer Wiktoria Lendzion (Ninja Academy)  
The best PF male kickboxer - Patryk Andrzejewski (KSW TEAM POLICE)



### European Kickboxing Challenge

- Sulejówek, 12.09.2020.

205 players took part in the "European Kickboxing Challenge" tournament in Sulejówek, the organizer of the competition was [Klub Sportowy Tae](#)

The competition took place under the patronage of the Mayor of Sulejówek City and [Polski Związek Kickboxingu](#)

Photo from the left: Vice-President of the Tae Sulejówek club Ewelina Turczyńska, President of the PZKB Piotr Siegoczyński, Mayor of the city of Sulejówek Arkadiusz Śliwa, President and coach of the club Tae Bartłomiej Turczyński, coordinator of the city of Sulejówek Paweł Wolski.



### Polish Low Kick Championships

- marathon of fights in Starachowice

19-20.09.2020

As many as 349 seniors and juniors from 92 clubs from all over the country participated in the Polish Low Kickboxing Championships in Starachowice. The first tournament in these age categories during the pandemic amassed a record number of starters. 172 competitors fought in the seniors, 98 in the older juniors, and 79 in the younger juniors.

The best kickboxers were selected:

Natalia Panas (Palestra Warszawa) and Elias Jankowski (Polkom Legnica) in senior categories,

Martyna Kierczyńska (Legion Głogów) and Adam Tutak (Samurai Sanok) in older juniors and

Julia Wojtan (Dragon Starachowice) and Jakub Bilski (Relax Skarżysko-Kamienna) in younger juniors categories.

MISTRZOSTWA POLSKI  
 POLSKI ZWIĄZEK KICKBOXINGU  
**KICK BOXING**  
 KRYNICA ZDRÓJ  
**2020**  
 SŁUŻB MUNDUROWYCH



**Polish Championship of the Polish Army and Uniform Service in Kickboxing, Krynica-Zdrój 25/27.09.2020**

Victory team in the Polish Kickboxing Championships of the Polish Army and Uniform Services in Krynica was won by the "18 Dywizja Zmechanizowana" team.

On behalf of the Division commander, Major **Bogdan Stasiak**, head of the physical education and sport section 18 DZ received the cup for the winning representation.

Soldiers of  
 21 Brygada Strzelców Podhalańskich  
 1 Warszawska Brygada Pancerna  
 19 Lubelska Brygada Zmechanizowana  
 18 Pułk Logistyczny and  
 18th Command Battalion, part of the 18 DZ team  
 won a total of 21 medals: 8 gold, 8 silver and 5 bronze.

**Mistrzostwa Polski w Kickboxingu  
 Kadetów Młodszych i Starszych  
 w formule Kick-Light 26-27.09.2020**



CENTRUM EDUKACJI I SPORTU W MYSIADLE UL. KWIATOWA 28

26.09. GODZ. 9.00-18.00 **ELIMINACJE**  
 27.09. GODZ. 9.00-12.00 **PÓLFINAŁY**  
 27.09. GODZ. 13.00-18.00 **FINAŁY**



ORGANIZATOR: STOWARZYSZENIE WIDOKI SPORTU KICKBOXINGU

I POLSKI ZWIĄZEK KICKBOXINGU

SPONSOR PRACZYSTOŚCI: ICHT I BADA GUMBY BIELSKOZDRÓJSKA OBŁĄCZKI I SIEMIAK SPORTU

W GMINIE LESZNOBÓLA PATRONAT MEDIALNY: KURIER POLSKI DZIENNIK

**Polish Cadet Kickboxing Championship  
 - discipline kick light - 2020**

Participated 251 competitor from 66 clubs

The best of the best

Younger Cadet

- Stołowska Fields

(Klub Sportowy AZS-AWF Warszawa)

Younger Cadet

- Oscar Lech (PACO Team Mysłowice)

Older Cadet

- Olivia Czader (Beskid Dragon)

Older Cadet

- Mieszko Siemiątkowski

(Sekcja Kickboxingu Zamek Expom Kurzętnik)

## Poland

### General Assembly of Polski Komitet Olimpijski - Warsaw, 29.09.2020

President of Polski Związek Kickboxingu **Piotr Siegoczyński** during General Assembly, PKOL received an medal from the President of PKOL Andrzej Kraśnicki on the occasion of the 100th anniversary of the Polish Olympic Committee.

This is a distinction for the entire PZKB community.  
CONGRATULATIONS



## Russia

03.09.2020.

For the fourth time, Ulyanovsk has become a host city for competitions of the strongest kickboxers of Russia.

This time the **Russian Championship** gathered more than 600 participants from 48 regions.

First fights have begun in the ring and tatami on Thursday, September 3.

After this championships, national coaches will form a new Russian National Team.



Sep 2-7.2020



In Ulyanovsk, the national team of the country in kickboxing 2020 at once in all disciplines was formed.

From September 2 to 7, the Russian kickboxing Championship was held in Ulyanovsk. The tournament was held for the first time in all disciplines, in the ring and tatami met representatives of sections k1, full contact, full contact with low-kick, light contact, pointfitting, solo tracks. The sports palace "Volga-Sport-Arena" was the platform for competitions.

More than 660 athletes from 48 regions of our country gathered there.

A unique modern sports and cultural complex - " Volga-Sport-Arena " was selected as a site for the Russian Championship. More than 660 athletes from 48 regions of our country arrived there. Unprecedented duels for the right to be in the national team lasted for four days. About how the participants were prepared, at what price the victory was and how the main start of this year went, we decided to learn from the bright representatives of the sections and winners of the Russian kickboxing Championship 2020.



On September 12, the capital of the Republic of Crimea hosted the **Championship of the city of Simferopol in Kickboxing.**

The event was held at the open air with all recommendations of health authorities.

The organizers of the competition:

- Youth Association of Sports and Tourism of the city Simferopol;
- Crimean regional branch of the Russian kickboxing Federation.



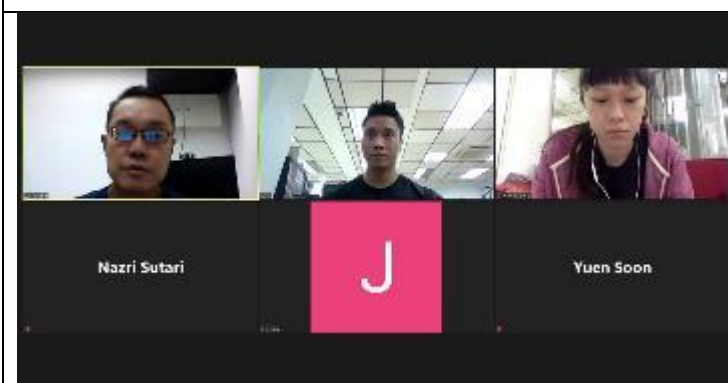


## Singapore

Kickboxing Federation of Singapore (WAKO Kickboxing Singapore) successfully held its Annual General Meeting.

Kickboxing Federation of Singapore (WAKO Kickboxing Singapore) will be continued to be led by the following:  
 President: Mr. **Jason Lim**  
 Vice-President: Mr. **Joel Lye**  
 Secretary: Miss. **Valencia Yip**  
 Treasurer: Miss. **Jen Koh**

Kickboxing Federation of Singapore (WAKO Kickboxing Singapore) thanks the above for their service and their leadership.



Kickboxing Federation of Singapore (WAKO Kickboxing Singapore) successfully held and conducted its Board Meeting.

Kickboxing Federation of Singapore (WAKO Kickboxing Singapore) was chaired by the following:  
 President - Mr. Jason Lim  
 Vice-President - Mr. Joel Lye  
 Secretary - Miss. Valencia Yip



## Slovenia

Sep 13.2020

Slovenian Kickboxing Federation successfully prepare the **Training camp in Olimja Spa**.

The conclusion of the national team leadership is that the competitors, regardless of the fact that there are no competitions, are in very good shape, optimistic and willing to give their best at any training session.





## Serbia



**Miodrag Jotic** (Serbia) - Serbian National Team Coach, Member of WAKO IF Coach Committee

**Miodrag Jotic's** book "KICK BOXING - basic coaching manual" has been published.

The book is intended for kickboxing coaches, but also for all kickboxing athletes who are willing to get acquainted with professionally prepared and well-organized trainings.

The emphasis in the book is on the work and the role of the coach in the all-round development of an athlete.

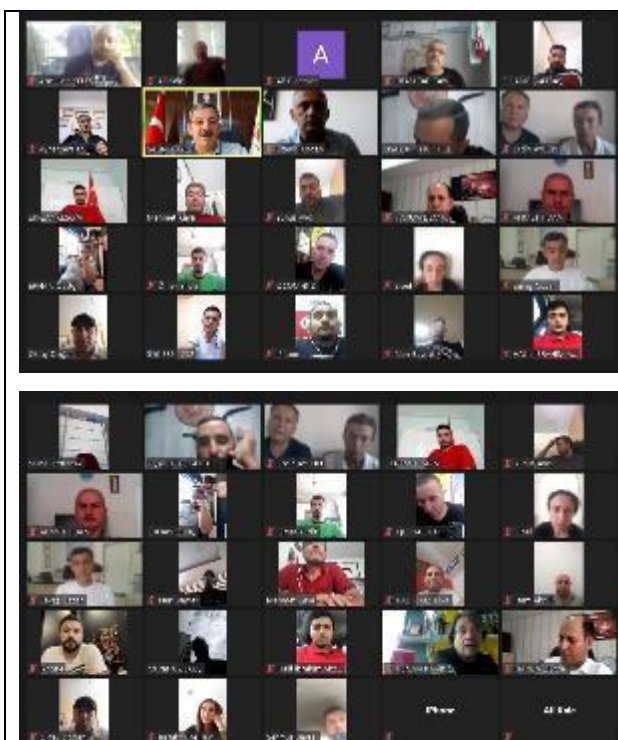
Through 11 chapters, the reader gets acquainted with the meaning of coaching, training, work planning, basic kickboxing techniques, tactics and strategy

of fighting, competition (actions of coaches and competitors before, during and after it), general content of kickboxing training, manner and the content of using various equipment, planning and framework plan for working with beginners and a special addition to kickboxing education.

This manual should provide the basis on which each coach will build his way and method of work adapted to each competitor individually.

Along with photos from the fights of Serbian national team members, coaches and people who are direct participants in the emergence of kickboxing, this book is a unique example of the author's 42 years of experience in fighting, coaching, competition, learning, training and creation in kickboxing.

*"It was written the way I searched, learned and discovered this sport,"* said **Miodrag Jotic**.



## Turkey

03.09.2020

Our video conference meeting is continuing with coordinators, District Presidents and Vice President, Provincial Representatives, Technical Board Presidents, Vice President and Members.



## Turkey

Sep 4. 2020.

Kickboxing Black Belt 1st 2nd 3rd 4th 5th and 6th Dan Exams were held in Istanbul, Turkey.

The exams were conducted by Turkish Kickboxing Federation and social distancing rules were applied.



Sep 13.2020

Turkish Kickboxing Federation held black belt 1st, 2nd, 3rd 4th & 5th Dan Exams were held in Gaziemir district of Izmir province by Applying Social Distancing Rules.

The Dan exams attracted a high volume of participants. Congratulations to the successful ones.



## Turkey



Turkish Kickboxing Federation held black belt 1st, 2nd, 3rd 4th & 5th Dan Exams on 20 September 2020 in Ordu province by Applying Social Distancing Rules.

The Dan exams attracted a high volume of participants.



**12-13 вересня 2020р.** **КУБОК** **Донецької області з кікбоксингу WAKO** серед дітей та юніорів 2004-2013 р.н. присвячений Дню фізичної культури та спорту



**ЗА ПІДТРИМКИ:**

- Управління фізичної культури та спорту Донецької ОДА
- Бахмутської міської ради
- Управління фізичної культури та спорту Бахмутської міської ради
- ОДЮСШ з кікбоксингу
- Обласної федерації з кікбоксингу

**ОДЮСШ з КІКБОКСИНГУ**  
м.Бахмут Донецької обл.  
вул. Садова, 137, спортивний комплекс «Металург»

**Відкриття змагань: 12 вересня о 14<sup>00</sup>**

## Ukraine

12. September 2020.

In Donetsk competitions will celebrate the day of physical culture and sports of Ukraine (and nothing needs to be invented on this holiday )

12 -13 September in Bakhmut will take place the Cup of Donetsk region in kickboxing WAKO among children and juniors



УПРАВЛІННЯ МОЛОДІ ТА СПОРТУ ХМЕЛЬНИЦЬКОЇ ОДА

**12 -13 вересня 2020 року** **ВІДКРИТИЙ КУБОК МІСТА з КІКБОКСИНГУ WAKO** **СЕРЕД ЮНАКІВ ТА ЮНІОРІВ**

**КУБОК ОБЛАСТІ СЕРЕД ДОРΟΣЛИХ** **ПРИСВЯЧЕНИЙ ДО ДНЯ ФІЗКУЛЬТУРНИКА**



**КУБОК УКРАЇНИ з КІКБОКСИНГУ WAKO**

**ДЮСШ І БУРЕВІСНИК** **САУНА КАМЕЛОТ** **Віс Жак** **МНЯ**

**МІСЦЕ ПРОВЕДЕННЯ ВУЛ.ПРОСКУРІВСЬКА 66**

12.-13. September 2020.

Day of physical culture and sports of Ukraine 2020 celebrated with two kickboxing tournaments WAKO

1. for youths and juniors  
- it will be the City Cup,

2 for adults  
- the Cup of the region.

Both events - with the status of "Open competition".

The strongest will be determined in low-kick, full-contact, kick-light, K1 national team

Kherson region is also organized kickboxing WAKO Ukraine tournament.

13. September was held the Open Championship of New Kakhovka among youths and juniors!

Tournament was at the local stadium "Energy"

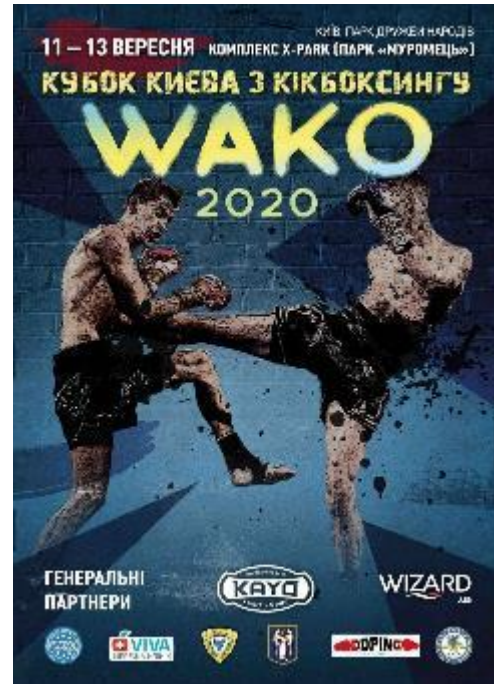


## Ukraine

11-13 September. 2020

City of Kyiv Kickboxing Cup WAKO Ukraine 2020.

This year's tournament was held outdoors: on the area of the sports and entertainment complex X-Park in the park "Muromets"



16. September 2020.

The full contact national team of Ukrainian Kickboxing Federation had a two week training camp at the Olympic Center in Koncha-Zaspi.

[LINK TO THE VIDEO](#)



Two tournaments dedicated to the Day of Physical Culture and Sports of Ukraine took place in Bakhmut on September 11.-13. for children, youth and juniors (born in 2004-2013) the Donetsk region Cup of kickboxing WAKO was held, and for adults and senior juniors the Cup of ODYUSSH on kickboxing was held.

100 athletes from 11 cities of Donetsk region came to compete in strength and endurance: Avdiivka, Bakhmut, Belozersky, Volnovakha, Dobropillya, Kostiantynivka, Kramatorsk, Kurakhovo, Lyman, Pokrovsk and Toretsk. Guests from Kharkiv region - a team from Chuguev - also visited the competition.

According to the results of the competition: Kurakhov's team became the best. Bakhmut kickboxers took the second place. Third - for the Volnovakha team.



France



**Guillaume Guigui Cassard** - Member of France National Team tragically died at his work on September 10, at the age of 39.

*WARRIOR...That's what you used to be, Guillaume. In our sport, you were an example of fighting, you never recharged to the task, you always accepted any challenge, you were a true warrior.*

*Around you, you did not leave anyone indifferent, from your kindness, humility, determination....*

*There are no words to write the sadness you leave.*

*Today, your family is crying for you, your friends are crying for you, all the people who have met you, if only a few hours cry for you.*

*You had two passions in your life, and one took you away from us.*

*We will miss you Champion.*

*WAKO France*

WAKO expresses its condolences to the family and friends of WAKO France

## Humanitarian initiatives of WAKO members

### Croatia

Former WAKO junior world champion and senior world silver medallist **Marko Desa**, now kickboxing coach and referee, with his friends organized and participated in a humanitarian action to raise funds for children with cancer.

During the fundraiser, Marko and his friends rode bicycles around the Croatian road - 3,100 kilometres in 12 days. They toured the whole of Croatia, visited numerous places and rode more than 300 kilometres a day.

The action was successful and the Humanitarian Association raised the expected funds.

### [Link to national TV report](#)





## Great Britain

**Carl Thomas** (GB) from The Carl Thomas Project have dedicated 10 years of his life towards raising £1 million for various charities by completing a crazy challenge each year.

This was his third and biggest challenge.

He attempted to set a new Guinness World Record by running a marathon whilst pulling an aeroplane.

This event took place on the 16th September at Elvington Airfield in York over the period of 24 hours.

The whole event was live streamed across social media pages.

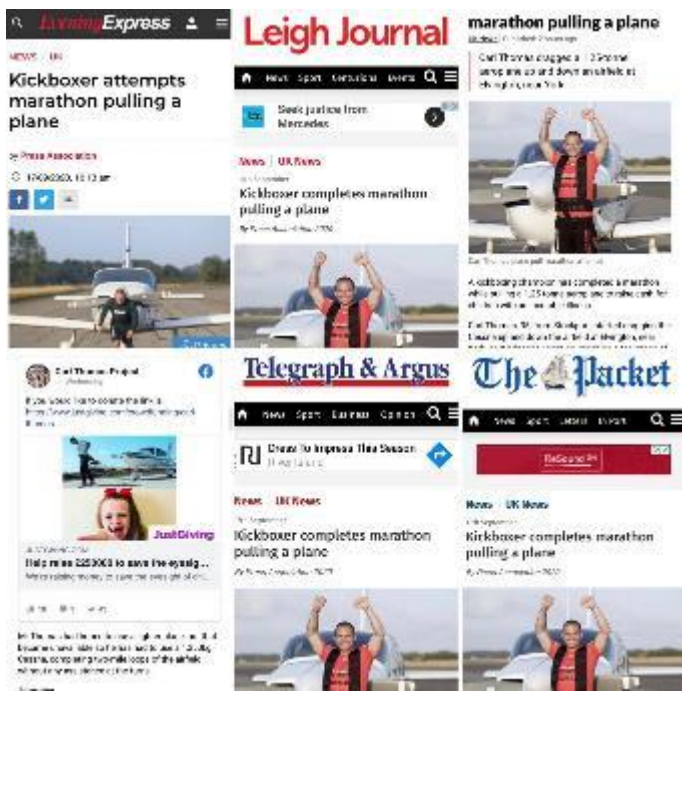
More information on links:

[Carl Thomas Facebook](#)

[Carl Thomas Project](#)

All funds raised from this challenge went to Ollie's Army Battling Against Batters to fund a clinical trial at Great Ormond Street Hospital to prevent the loss of vision in children with CNL2 Batten Disease.

In 24 hours Carl Thomas attempted and achieved to set a new world record by running a marathon pulling a plane!



Amazing story of Tallaght Martial Arts student Gar Ryan on saving two teenage boys from drowning

## Teenagers reunited with hero who rescued them



**Garreth Ryan** (left) with **Cathal Whelan** and his mother, **Bridget Whelan**, **Philip Redmond** and his mother, **Demi Redmond**, and **Adam Dempsey** and his mother, **Nicola Dempsey**, at **Cahore Inshore Rescue Station**

The two teenage boys saved from rough waters close to Cahore strand have met their hero - the man who saved them from drowning, **Gareth Ryan**.

Friends Adam Dempsey (13) from Ballygarrett and Cathal Whelan (14) from Ballyoughter are both going into second year at Creagh College and have spent the summer swimming at their favourite spot at Cahore pier all summer with their best friends Kevin and Philip.

Although they count themselves as strong swimmers, the four boys found themselves up against some strong currents in the aftermath of Storm Ellen on Friday, August 21.

After getting into difficulty, Kevin and Philip managed to get themselves out of the water quickly but Adam and Cathal found themselves being swept closer to the rocks.

Both were very grateful and thankful to their hero, Gareth Ryan, a cliff walker visiting Wexford with his family on a staycation who came to their rescue and pulled them out of the water.

Speaking to this newspaper, Mr Ryan said that although he wouldn't be a strong swimmer himself, he knew he had to step in and come to the boy's aid. Gareth said that the weather was particularly rough, and he wouldn't have recommended swimming in it.

The boys asked Cahore Inshore Rescue Service to help them reunite with the man who came to their rescue. The team thanked Gareth for his strength and bravery, and facilitated the meeting with the boys last weekend in the lifeboat hut.

[LINK TO THE ARTICLE](#)

This is a new section in the WAKO Newsletter.

As you know, the WAKO Board has accepted the new WAKO rules and they have been published on the official website. They take effect on January 1<sup>st</sup> 2021. There is a lot of news, and in this column, we will present you the news and give you a comment and explanations.

### Organizing competitions and seminars

#### Article 2.2. Competitions

- The basis of all kickboxing competitions is honour, fair play and honest competition.
- Kickboxing competitions are organized with the authorization of WAKO and are subject to these rules and all applicable bylaws.
- No Athlete or national team may register for a World or Continental Championships, if they have not fulfilled their obligations as per the statutes in force at that time, in that year. In the case the event is before the various cut off dates, for payment of fees etc, they must have been complaint the previous year, Vis a vi, annual payment, receipt of all documentation etc.
- All international competitions must follow WAKO rules completely. Competitions at national level can adapt organizational part of rules to national regulations, but the rules of fighting disciplines must be fully respected.
- Results of fights will determine placing and final achievement of kickboxer, club or national team at the competition.
- All WAKO official competitions and official National competitions, amateur fights, prestige or title fights, must apply the WAKO rules in full
- All competitions and fights are on a voluntary basis.
- All kickboxers, coaches, officials, representatives, promoters and members of WAKO organizations must respect WAKO rules and the honour, dignity and moral values of all members, clubs, national federations and WAKO.
- All competitions on World, continental, national and all other levels must promote the development, popularization and rising quality of kickboxing as a sport and WAKO as an organization.
- All WAKO International competitions A/B/C Class must apply with the event application and be pre-approved to be included in the WAKO calendar.
- Prior to inclusion in the WAKO calendar, the promoter must submit a request for consent to organize an international kickboxing competition. The application form can be found in appendix 31
- Consent must be requested for all WAKO international competitions A/B/C Class and Continental Championships. (World championships are approved according to a special procedure)
- Continental championships and A class international tournaments must be requested minimum one year before, other tournaments minimum 6 month before.
- The organizer of the competition is obliged to submit an invitation brochure and a poster for verification and approval to the WAKO Organizing Committee before the announcement in the WAKO calendar and on the official website of WAKO.
- All international competitions must apply the SportData system of registration and processing of results
- International competitions not approved by the WAKO Organizing Committee cannot be included in the WAKO Calendar.
- National federations may not organize international competitions that are not approved and verified by the WAKO Organizing Committee, and any national federations are not allowed to participate in such competitions.
- National federation may be sanctioned for non-compliance with this decision (organization and/or participation in not-approved competitions).

### Competitions are:

- World Championships
- World Cups (World Grand Prix Tournaments)
- Continental Championships
- Continental cups
- Regional international championships
- National championships
- National and international open tournaments

### Article 4.5. Seminars

- International Seminars (Cross border) (athlete, referee, coach and medical-anti-doping) organized outside of the competition must be approved, verified and included in the WAKO calendar.
- Seminar programs must be aligned with the WAKO Educational program and WAKO Rules
- The organizer of the seminar is obliged to announce the seminar in a timely manner, and to get verification and approval from the concerned committee (athlete, coach, referee or medical-antidoping) to hold a seminar.
- Prior to inclusion seminar in the WAKO calendar, the promoter must submit a request for consent to organize an international kickboxing seminar. The application form can be found in appendix 32
- In order for the seminar organizer to get approval for the seminar from the committee, organizer must first submit the invitation letter, the poster, the seminar program, the name and surname of the seminar leader and speakers and who the seminar's participants are.
- The chairman of the committee (athlete, coach, referee or medical-antidoping) will give his consent for the seminar after the consent of the members of the committee, as soon as possible if the previous conditions are met and if the seminar is organized in accordance with the WAKO Rules

### EXPLANATION

*Next year the holding of international competitions and international seminars will require the approval of the relevant WAKO IF committees:*

- *for Competitions from the Organizing Committee,*
- *for Coach seminars from the Coach committee,*
- *for Referee seminars from Referee Committees,*
- *for Athlete seminars from Athlete Committee.,*
- *for Medical and Anti-doping seminar from Medical and Anti-doping Committee.*

*This will require a request which will then be checked in full detail and only after that the competition and seminar will be included in the WAKO calendar.*

*It is not allowed to organize international competitions and seminars without permission and inclusion in the calendar, nor are national federations and its members allowed to participate in unauthorized international competitions and seminars. For non-compliance with this decision, the national federation and its members may be sanctioned*

*Registration and administration of competitions and results as well as reports must be via the SportData competition system.*

*The application form "WAKO International Tournament request / permission" is shown in Appendix 31, and the application form "WAKO International Seminar request / permission" is shown in Appendix 32, of the new WAKO Rules.*

[LINK TO THE NEW WAKO RULES](#)

## ACTIVITIES IN OCTOBER - DECEMBER

Poland

**FULL CONTACT**  
**MISTRZOSTWA POLSKI**  
 SENIORÓW I JUNIORÓW  
**KICKBOXING**  
 DREZDENKO 02-04.10.2020

Logos: PZKB, Polish Eagle, VAG SYSTEM TEAM, BOONAR TRUCK, DOK BUSHIDO, GORISH, DRAGON, www.Desktopdackground.org

Germany

Bavarian Open 2020 - October 24<sup>th</sup> - Altotting, Germany

**KICKBOXEN**  
 BAVARIAN OPEN 2020

Logo: INTERNATIONAL AMATEUR KICKBOXING FEDERATION (IAKF) BAKU

Switzerland

**WAKO Switzerland**  
 Swiss Kickboxing Federation  
 www.wako.ch

**Wettkampf-Kalender 2020** **NEU**  
 Musical Forms - Point Fighting - Light Contact - Kick Light  
 K1-Rules - Low Kick

Logos: WAKO, FKBY, Swiss Olympic Member

more events & news:  
[www.wako-switzerland.ch/news](http://www.wako-switzerland.ch/news)

OFFEN für alle Klubs/Sportschulen.  
 TEILNAHMEGEBÜHREN Tarni und Ringsport:  
 mit WAKO Lizenz 2020: Startgebühr Fr. 30.- (jede weitere Kat. Fr. 10.-)  
 ohne WAKO Lizenz 2020: Tageslizenz Fr. 15.- & Startgebühr Fr. 30.- (jede weitere Kategorie Fr. 10.-)

ANMELDUNG: [www.sportdata.org](http://www.sportdata.org) bis 2 Tage vor Turnierstart  
 KONTAKT: [swisscup@wako.ch](mailto:swisscup@wako.ch)

Events:  
 So 6. Sept. 43. Reinacher Cup Reinach AG  
 So 27. Sept. 5. Yverdon Cup Yverdon-les-Bains VD  
 Sa 7. Nov. 3. Seetaler Cup Seengen AG  
 So 22. Nov. 2. Leone Cup Neufeld BE  
 So 19. Dez. Ringsportfinale Neufeld BE

Logo: BUDOCH 2010 KICKBOXING

**ДЪРЖАВНО ПЪРВЕНСТВО  
КУПА БУРГАС 2020**

ЛОУ КИК - ЛАЙТ КОНТАКТ - КИКЛАЙТ КОНТАКТ - ПОЙНТ ФАЙТИНГ

**23-25.10  
2020**

БУРГАС - ЗАЛА „МЛАДЕЦ“

СПЕЦИАЛЕН НАГРАДЕН ФОНД  
ОСИГУРЕН ЗА ВСИЧКИ ФИНАЛИ  
ПРИ МЪЖЕТЕ И СТИЛ ЛОУ КИК

500 € 300 €

И ПРЕДМЕТНИ НАГРАДИ  
ЗА ВСИЧКИ ОТВОРИ УЧАСТНИЦИ

K1 | FULL CONTACT | KICK LIGHT | POINT FIGHTING

CTKA  
中華踢拳協會

**National  
Kickboxing**

秋季踢拳國手選拔積分賽

Ranking Championships Oct 24, 2020

### C級裁判講習

REFEREE SEMINAR TYPE C

10/17、10/18、10/24

時間 09:00-17:00

地點 硬派格鬥  
台中市中區繼光街55號三樓



十月  
OCT



## Croatia

October 17 2020.

Croatian Championships - LK (S), KL (J), LC (OC), PF (YC)



## Ukraine

1.10.-4.10. 2020.

Ukrainian Kickboxing Cup



## Czech



## EUSA / Serbia



European University Games

Confirmed new date

14 - 27. July 2021.

Belgrade, Serbia

## Mexico

**¡DESCARGA LA CONVOCATORIA Y REGÍSTRATE!**  
[www.wakomexico.com](http://www.wakomexico.com)

**CAMPEONATO NACIONAL DE KICKBOXING ON LINE**

**CATEGORIAS:**  
 Forma Tradicional, Forma Masal, Medio Lucha & Forma Masal con Artes  
 Sistema de Point Fighting, Light Contact, Kick Light, Full Contact, Low Kick & K2.

**¡NO TE QUEDES FUERA!**

**05-11 OCT 2020**

**VIRTUAL KICKBOXING**

¡NO TE QUEDAS FUERA!

## Serbia

National Championships in Low kick for Cadets, Juniors and Seniors A and B Class, Belgrade-Zemun, October, 10.-11. 2020



## Poland

Point fighting seminar - 4.10.2020.

**POINT... HUNTER**

**SEMINARIUM SZKOLENIOWE 2K20**

**BARTOSZ BACZYŃSKI**  **OSKAR ZAWISŁAK**

**HALA GŁÓWNA OSIR HURAGAN WÓŁKMIN**

**ZGŁOSZENIA DO 30 WRZEŚNIA**  
[kontakt.pointhunter@gmail.com](mailto:kontakt.pointhunter@gmail.com)

**4 PAŹDZIERNIK 2020**

## Poland

National Championships in Point fighting and Light contact - Seniors, Juniors and Masters

**MISTRZOSTWA POLSKI W KICKBOXINGU**

**MISTRZOSTWA POLSKI SENIORÓW, JUNIORÓW, MASTERS, LIGHT CONTACT, POINTFIGHTING**

**16-18 PAŹDZIERNIKA 2020** **NOWE MIASTO LUBAWSKIE**

**HALA WIDOWISKOWO-SPORTOWA NOWE MIASTO LUBAWSKIE UL. JAGIELLOŃSKA 29**

**PIĄTEK 16.10.2020**  
 GODZ. 16.00 - 19.00 - WAŻENIE  
 GODZ. 19.30 - 20.00 - DEPRYKAW TRENINGOWA

**SOBOTA 17.10.2020**  
 GODZ. 09.00 - ROZPOCZĘCIE TURNIEJU  
 GODZ. 13.00 - 13.30 - PRZEKWA OBLADAWA  
 GODZ. 13.30 - NADZYSZTE ROZPOCZĘCIE ZAMKOBÓW  
 GODZ. 14.00 - WALKI ELIMINACYJNE

**MIEDZIELA 18.10.2020**  
 GODZ. 09.00 - 13.00 - CIĘŻAROWY PÓŁFINAŁ, FINAŁ JUNIORÓW I SENIORÓW  
 GODZ. 13.00 - 13.30 - PRZEKWA OBLADAWA  
 GODZ. 14.00 - WALKI PÓŁFINAŁOWE I FINAŁY

**ORGANIZATORZY:**



## Ukraine

Kickboxing Championship of Ukraine among youth sports schools and sports clubs

- 28.-31. October 2020.

**ЧЕМПІОНАТ  
УКРАЇНИ  
серед ДЮСШ  
та спортивних  
клубів  
з КІКБОКСИНГУ**

**28-31  
ЖОВТНЯ 2020 року**



Logo: ASSOCIATION OF KICKBOXING ORGANIZATIONS UKRAINE WAKO ODESSA

Logos: Міністерство молоді та спорту України, DRAGON, «СКА» Славянська Академія Боевих Искусств, DDPING, UPLEK, and others.

м.Одеса вул. Семінарська 12А  
СК «СКА»

## Serbia

International kickboxing tournament "Belgrade Trophy" - Belgrade, Serbia - October, 10-11. 2020



Logos: Sekretariat za sport i omladinu Beograda, and the official logo of the International Kickboxing Federation (IKF).

Trophy: TROFEJ BEOGRADA

## COMPETITIONS POSTPONED



تقرر تأجيل الدورة  
التنشيطية لتاريخ  
يحدد لاحقاً وذلك  
بسبب الكارثة في لبنان

Seminar is  
Postponed until  
further notice

الدورة التنشيطية  
لرياضات قوة الرمي

KOWAT ALRAMI  
International Seminar

**POSTPONED**

SATURDAY 06/09/2020 At 9:00 P.M. Beirut Time GMT +3  
For information WhatsApp: +961 3 277 2442  
للمعلومات التواصل عبر الواتس اب  
www.kowat-arami.org



WAKO EUROPEAN CUP  
**SERBIA OPEN**

**K1**  
STYLE

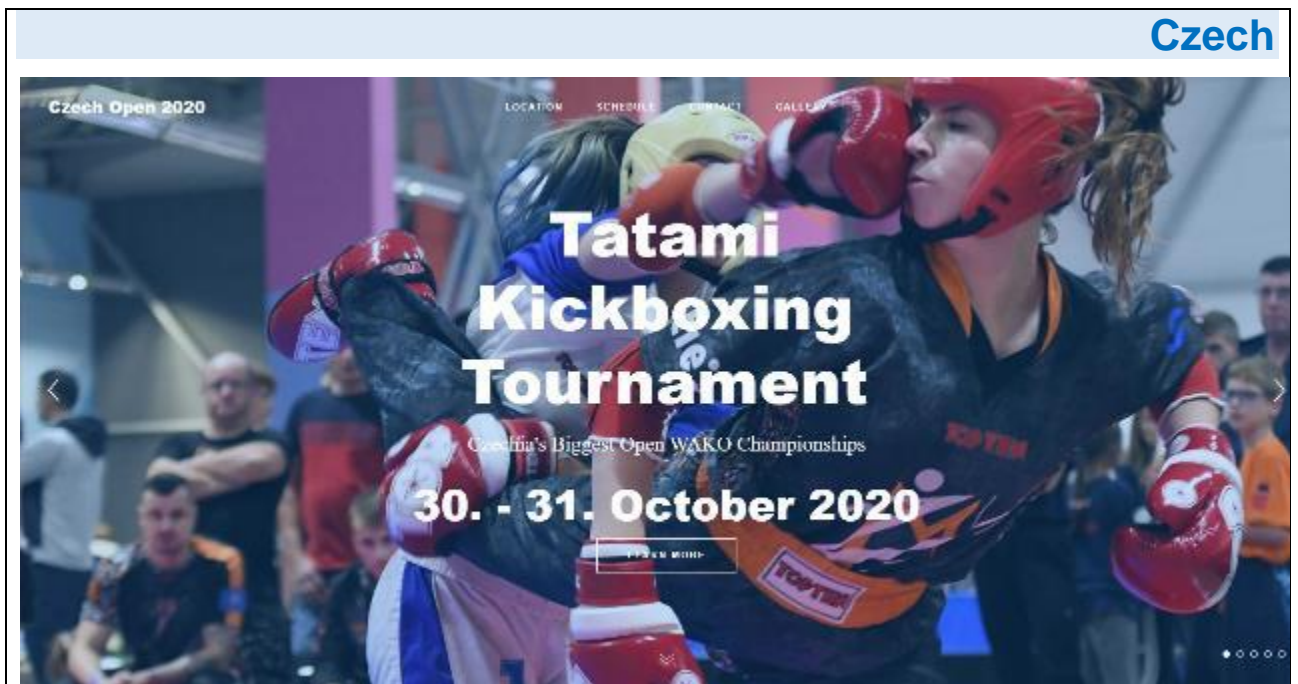
10 YEARS ANNIVERSARY

BELGRADE  
20-22 November

MONEY PRIZE FUND  
KICK LIGHT  
FULL CONTACT  
POINT  
FIGHTING

## COMPETITIONS CANCELLED

Czech



Czech Open 2020

LOCATION SCHEDULE CONTACT GALLERY

**Tatami  
Kickboxing  
Tournament**

Czechia's Biggest Open WAKO Championships

**30. - 31. October 2020**

WWW.WAKO.SPORT

# “A VIRUS NEEDS A HOST MISINFORMATION NEEDS A HOST

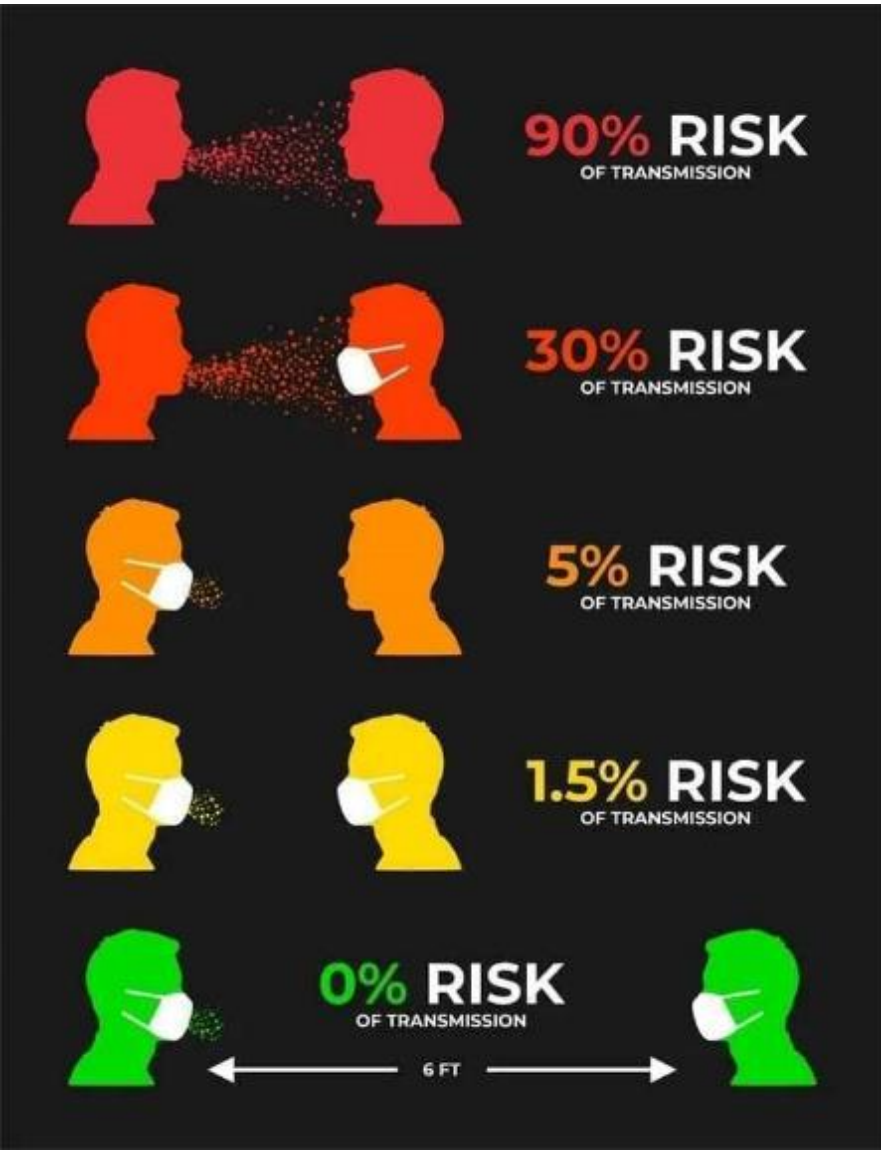
LISTEN TO THE **EXPERTS** TO ERADICATE BOTH”

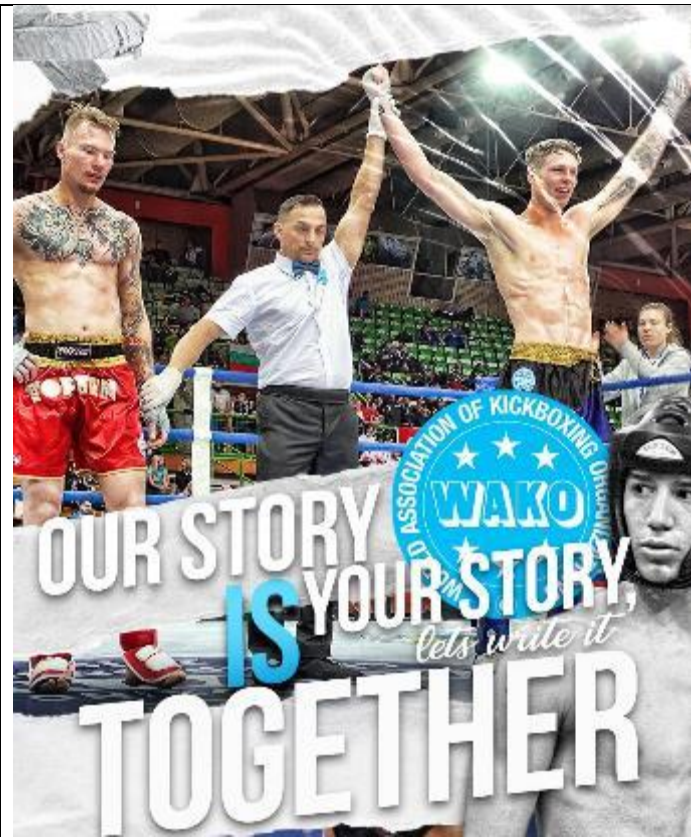
ROY BAKER - WAKO PRESIDENT



WWW.WAKO.SPORT WWW.WAKO.SPORT WWW.WAKO.SPORT WWW.WAKO.SPORT WWW.WAKO.SPORT WWW.WAKO.SPORT WWW.WAKO.SPORT WWW.WAKO.SPORT WWW.WAKO.SPORT

f t i y





## To all recipients of this Newsletter

Please forward this newsletter to all members of your federation.

All news and short reports with pictures and posters of your sports activities sent to:

**Marijana Pelevic**

- WAKO Media Officer:

[marijana.pelevic@wako.sport](mailto:marijana.pelevic@wako.sport)

**Romeo Desa**

- WAKO Technical Director:

[technical.director@wako.sport](mailto:technical.director@wako.sport)

If you want to receive Newsletter in your inbox – please, send us your e-mail address.

